Macomb Township Parks & Recreation Department

REACH.

Recreation

Events

Activities

Por

Center

Happenings

www.macomb-mi.gov

20699 Macomb Street • Macomb, MI 48042 • (586) 992-2900 (Off Broughton Road, east of Romeo Plank, south of 25 Mile Road)

** MTPR CANCELLATIONS HOTLINE (586) 992-2909 **

SPRING/SUMMER 2012







ONLINE
REGISTRATION
Begins
Monday,
April 30th
© 6:00am

See pages 38-39 for All Registration Details

Check Us Out at: www.macomb-mi-gov Like Us on Facebook at: facebook.com/mtpr04

SIZZLIN' SUMMER NIGHT CONCERTS

Thursdays at 7:00 PM – FREE Concert Series – Macomb Town Center Park

(See Page 11 for more details.)



June 28
Parrots of the Carribean



July 12 Topper Most



July 19 50 Amp Fuse



July 26 The Prolifics

CORPORATE

ALL WEATHER RESTORATION

(800) 583-3688 allweathercare.com



(586) 412-5758 www.genisyscu.org



(586) 226-BRACES www.macomborthodontics.com



www.team-rehab.com 21&Romeo Plank / 30&VanDyke / 23&Schoenherr

GOLD

Bounce About Party Rentals (586) 980-9059 www.BOUNCEABOUT.com

Finzel's Heating & Cooling (586) 292-3917 www.finzelsheatingandcooling.com Henry Ford – Macomb Hospitals (800) 532-2411 www.henryfordmacomb.com

> Huntington Bank 1-800-480-BANK (2265) Huntington.com

Michigan Schools & Government Credit Union (586) 263-8800 / www.msgcu.org

Spalding DeDecker Associates (248) 844-5400 sda@sda-eng.com

SILVER

American Cleaning Company (586) 677-9240 Macomb Rotary Club Dennis Torp (586) 465-2203 St. John Medical Center – Macomb (586) 416-7500 www.stiohnprovidence.com

BRONZE

Allstate – The Halsey Agency (586) 263-1350

ConCorde Inn of Clinton Township www.concordeinns.com

Deneweth's Garden Center (586) 247-5012 Eastside Endoscopy Center (586) 416-7501

G.I. Medicine Associates, P.C. (586) 447-0700

Jimmy Johns 19&Hayes/Hall&Romeo Plank/23&Schoenherr Kids Dentistry & Ortho / Drs. Delaney, Plunkett, Ralstrom, Makowski, Thanasas, Ker and Associates P.C. (586) 286-0700

> R.C. Hendrick & Son, Inc. (989) 781-8116

Seibert & Dloski PLC (586) 469-3800

FRIENDS OF MTPR

Altermatt's Farms & Greenhouses
Blockbuster – Macomb
Chicken Shack
Dick's Sporting Goods
Foam Factory

Grosse Pointe Allergy & Asthma

The Hub Sports Bistro

David M. Kolakowski D.D.S.

Lutheran High School North

Macomb County Sheriff Office

& Explorer Scouts

Metro Controls, Inc.

Red Robin – Clinton Twp Shield's Pizza Shelby/Macomb Kiwanis Daybreakers Shelby Twp. Parks & Recreation Subway – 25 & Romeo Plank Wolcott Mills Metro Park - Farm Center

2012 HIPPITY HOP TRAIL SPONSORS

All Weather Restoration

Allstate ~ The Halsey Agency
BoRics

Buffalo Wild Wings
Circus World Concessions
Double Stuffed Bakery
Finzel's Heating & Cooling
Genisys Credit Union

Henry Ford Macomb Hospital
Kid's Dentistry & Ortho: Drs. Delaney,
Plunkett, Ralstrom, Makowski,

Thanasas, Ker & Assocs.

Lakepointe Church
Lawnshark Landcare
Macomb Orthodontics
Macomb Rotary Club

Mary Kay Cosmetics – Mary Kay Fedak MetLife

Millennium Insurance Agency
Michigan Schools & Government
Credit Union

Premier Designs Jewelry – Suzanne Hohensee Real Living Kee Realty - Vermeersch Shield's Pizza

St. Peter Lutheran School & Church – Macomb

Tea Party Castle
Team Rehabilitation

The Pool Doc

The Wellness Counselors
Upper Cut Lawn Service
Vox Church

Walgreens - Macomb

Western & Southern Financial Group

A LETTER FROM THE DIRECTOR

Dear Residents,

As mild as this winter has been, it's still always nice to think "spring". 2012 is off to a great start here at the Macomb Township Parks & Recreation Department. We now have a Facebook page, <code>facebook.com/mtpr04</code> (please remember to like us), so you can keep up-to-date with department happenings. This year's "Sizzling Summer Nights" concert series looks to be our best in years. We have booked some of the best tribute bands around. Parrots of the Caribbean, a Jimmy Buffet tribute band, Toppermost, a Beatles tribute band, the Prolifics, a Motown tribute band and 50 Amp Fuse, a tribute to classic rock will all be performing this year.

As the weather heats up, it's time to start planning your spring and summer activities. Please take some time to read our R.E.A.C.H. catalog. This edition features program offerings from May through August. Our staff is always working extremely hard to provide programs for both young and old, and everyone in between. Hopefully, we have offered something that interests you. As always, feedback on any of our programs is welcome. Please go to the surveys portion of our website.

Sincerely, Salvatore A. DiCaro, Jr. Director of Parks & Recreation

MACOMB TOWNSHIP RECREATION CENTER

The Macomb Township Recreation Center was built for the recrecational enjoyment of all members and our guests. Please treat the facility, other patrons and staff with respect. If you have any questions, please stop by the front desk.

- Guests must bring their own locks & towels.
- Guests must be currently in the 9th grade with proof (current school I.D.) to enter the facility without parental supervision.
- All guests must have a waiver form on file prior to utilizing the center. Patrons under the age of 18 must have a signed waiver by a parent or legal guardian to enter. Waiver forms are available at the front desk or online.

HOURS OF OPERATION

| Monday-Friday | 6:00am-10:00pm |
|---------------|----------------|
| Saturday | 8:00am-8:00pm |
| Sunday | 10:00am-6:00pm |

Aquatics schedule varies,

please stop by front desk for schedule.

TADPOLE TOWN CHILD WATCH

Monday-Saturday8:30am-1:00pm Monday-Thursday4:00pm-9:00pm

RATES

Child watch is \$2.00 per hour for the initial child and \$1.00 per hour for each additional child. 2 hour maximum time per visit.

Waldenburg Park

Waldenburg Park is a developed park approximately 17 acres in size located on 21 Mile Road about ¼ mile east of Romeo Plank Road. It offers a children's play area, picnic pavilions, basketball court, 2 sand volleyball courts, restrooms and a walking trail.



Macomb Corners Park

Macomb Township's newest addition of parkland, Macomb Corners Park, opened in the summer of 2004. It is a 94 acre (35 developed) park site located on the



north side of 25 Mile Road, just east of Luchtman Road. Park amenities include 8 soccer fields, 2 football fields, 6 lighted ball diamonds, inline skating rink, playscape, picnic pavilions and a rest room/concession building. The park is both an active park

hosting sporting events, and an inviting location for family activities.

Macomb TownCenter Park

Macomb TownCenter Park is a 15 acre park

located on the south side of 25 Mile Road just west of Broughton Road. It is used for many community events, including summer concerts, Movie Under the Stars, children's activities, sports camps and athletic events.



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MTRC DAILY FEES

| Residents | \$5.00 |
|---------------|---------|
| Non-Residents | \$10.00 |

Children ages 3 and under are admitted free with an adult paid daily admission.

All quests must show proper ID to receive Resident discount: Driver's License OR State issued I.D.

MTRC MEMBERSHIP FEES Resident

Monthly: (Monthly Deductions from Checking or Savings account) Head of Household\$25.00 Spouse\$15.00 Dependant\$10.00 Seniors (55+)\$15.00 **Annual Membership:** Head of Household\$300.00 Spouse\$180.00 Dependant\$120.00

Non-Resident Membership rates are double.

Summer Memberships: Available beginning April 1. Memberships are valid for either 3, 4, or 5 months from date of purchase. Summer memberships are invalid after Labor Day (9/3/12).

Senior (55+)\$180.00

| - a, (e, e, · -). | Resident / Non-Res |
|--------------------|---------------------|
| 3 Month Membership | \$75.00 / \$150.00 |
| 4 Month Membership | \$100.00 / \$200.00 |
| 5 Month Membership | \$125.00 / \$250.00 |

Trial Memberships: Individuals are eligible for a one time trial month period. These memberships are valid from the date of registration. Trial Memberships are \$25.00 for Residents and \$50.00 for Non-Residents. Daily admissions cannot be used toward the purchase of a Trial membership. Trial memberships are non-refundable.

Current or past year's 1040 tax form must be shown to prove dependants for membership.

LOOKING FOR A PLACE TO HOST A B-DAY PARTY OR SPECIAL EVENT?

Look no further than the Macomb Township Recreation Center. Parties and rentals can be booked up to 1 year in advance. A variety of food packages are available to choose from. Contact the Front Desk for additional information.

ADMITTANCE FOR CHILDREN 3 & UNDER

Paying adults (members are considered paying adults) are allowed to bring two children each who are under 4 years old for free. All additional children will be charged according to their residency.

LOST & FOUND POLICY

Lost & found items will be kept at the Macomb Township Recreation Center for 10 days. After 10 days all items will be donated to a local charity. Please contact a staff member if you accidentally left any of your belongings at the Recreatoin Center during your visit.

INCLEMENT WEATHER

Call the Macomb Township Cancellation Hotline at 586-992-2909 to hear program cancellations or delays due to weather. Cancelled classes will be announced at least 45 minutes prior to the start of the class. Remeber, a morning class cancellation will not automatically mean evening classes are cancelled. Keep informed, call our hotline.

MTRC HOLIDAY & SPECIAL EVENTS SCHEDULE

The Macomb Township Recreation Center will operate under modified hours on the following holidays:

> Memorial Day - Monday, May 28 Independence Day - Wednesday, July 4 Labor Day - Monday, September 3

> Facility Hours: 6:00 a.m. - 5:00 p.m. Open Swim: 12:00 p.m. - 4:00 p.m. Lap Swim: 6:00am - 12:00pm

REINSTATEMENT OF COLLEGE STUDENTS

College students who wish to reactivate their suspended memberships must show either a school ID with the current year posted on the ID or their current transcript. College ID's which do not indicate a date will no longer be accepted.

ROOM RENTALS

Looking for a place to host a Business or Organization meeting? Look no further than the Macomb Township Recreation Center. The center can accommodate groups up to 50 people, complete with tables and chairs. Audio/Visual equipment is also available. The center can accommodate rentals 7 days per week and various hours. Please contact the Recreation Center front desk for further details.

DID YOU KNOW ...

Macomb Township has a Cable TV Station

Broadcast Media - MTGA

Macomb Township Government Access www.macomb-mi.pegcentral.gov



A variety of Parks and Recreation events along with all other programs and Board of Trustees meetings can be seen on MTGA - Comcast Ch. 5. MTGA also has programming available online.

MTRC INFORMATION

AQUATIC AREA

The MTRC aquatics center has a variety of features sure to provide fun to everyone of every age. Our water playground begins with a zero depth entrance where you can walk through or around geysers. This pool features a multi-level playground where children can interact with water controlling devices before shooting through the slide. This pool reaches a maximum depth of 18" inches.

For the more adventurous type, try our 3 story water slide. This journey begins as you climb the stairs up to the top of the center. The slide will take you around several curves before you exit into our splash down pool.

Others can stroll around in our lazy river, where a waterfall awaits for those who choose. Inside our river is a vortex where guests are spun around by circular water movement.

Ever wanted to walk on water? You can attempt to walk across our floating log walk. There are lap lanes for those who still enjoy a good swim. After this much enjoyment our older guests can relax in our hot tub! Or catch some rays on our outdoor sun deck.

FITNESS CENTER & RUNNING TRACK

The MTRC fitness center consists of a Two-Story Rotunda of Cardiovascular Equipment, Selective Machines, & Free Weights.

- Treadmills
- Elliptical Cross trainers
- Total Body Elliptical
- Nu Step/REX
- Recumbent & Upright Bicycles
- Stair Climbers & Steppers
- Arc Trainers
- Rowing Machines
- Selectorized Machines (Paramount & Icarian brands)
- Dumbells
- Curl Bars
- · Multi-Functional Trainers
- · Smith Press & Leg Press Station
- Cable Tower System
- Incline Benches
- · Over 1,500 lbs. of weight plates

The MTRC Track is a figure eight configuration consisting of 3 lanes (walk, run, & pass). The track distance is 7.3 laps per mile.



Party Rooms

Our Party Rooms are a perfect place to host your child's next birthday party or team event! Our rooms are located at either end of the main atrium, they're the perfect location to enjoy the center. The rooms are equipped with their own counter and sink! Party Rooms can accommodate 1-49 people.

Tree-Top Town

Come play among the trees and enjoy our indoor play structure with slides, tubes, rock climbing walls, moveable helicopter and interactive toys. This large indoor play structure is ideal for children 10 years of age and under. An additional small play structure is available for toddlers. The room is floored with a soft play surface. Parents must accompany children. Socks are required.

Tadpole Town Child Watch

Two hour maximum child watch for ages 6 months to 10 years old. Various activities are offered such as games, movies, board games, arts-n-crafts, coloring, etc. The room is equipped with a small child's restroom.

Game Room

Guests can enjoy playing billiards, ping pong, or a wide variety of board games that are available for use while visiting.

Exercise/Aerobics Rooms

Our lower level room is a floating Sportswood Altra Star floor. The second level room is surfaced with high intensity cushion rubber flooring. Both rooms are equipped with a state-of-theart sound system, and two mirrored walls. Aerobics, dance, and other exercise related activities have never been so enjoyable.

Locker Rooms

Separate male and female locker rooms and shower rooms. Each is equipped with lockers for storage of clothing. Guests must bring in their own lock.

Family Changing Cabanas

6 cabanas especially designed for families are available for use. Each is equipped with a shower, changing station, sink and toilet. Larger lockers are located outside of rooms for storage of multiple guests' items. To utilize these cabanas please see Family Changing Cabanas Policy on page 6.

Multi-Purpose Rooms

Our two Multi-purpose rooms are great spaces for meetings, classroom settings, and parties. Each room is carpeted and equipped with tables and chairs which can be set as desired.

These rooms are able to host between 1 and 49 people. Audio/Visual equipment is also available for use.

MACOMB TOWNSHIP RECREATION CENTER

Age Policy & Procedure

All patrons **must** be currently in the 9th grade to be left unsupervised in the facility. All patrons not currently in the 9th grade must be supervised by an adult (18 years of age or older) at all times while visiting the center. Patrons between the ages of 11 years and 9th grade must have an adult within the facility but not directly supervised. Patrons must show a Driver's License, or a school I.D. (indicating 9th grade)when initially entering the facility to show proof. Please note that patrons must currently have started the 9th grade to qualify, patrons who have completed the 8th grade are not considered 9th graders until school begins.

Please make certain you have these forms of I.D. and a daily waiver form on file prior to entering the facility without proper supervision. Patrons who are not currently in the 9th grade will not be allowed to enter the center without proper supervision.

Family Changing Cabanas Policy

Between the hours of 8:00am, and until the facility closes daily, the Family Changing Area will be locked. Families with children wishing to utilize the Family Changing Cabanas must check in at the front desk and check out a key card to gain access to the family changing room hallway. Guests will be asked to leave their vehicle keys at the Front Desk in order to receive a pass access card. This access card will allow entry into both family changing room hallway doors. This policy has been implemented for the safety and protection of all patrons. All patrons must use gender appropriate locker rooms.

THANK YOU FOR YOUR COOPERATION

OPEN VOLLEYBALL SCHEDULE

Volleyball will be available in Gymnasium A on Thursdays, 6:00am-5:00pm



OPEN BADMINTON

Badminton will be available in Gymnasium A on Tuesdays, 9:00am-11:00am



OPEN PICKLE BALL SCHEDULE

Pickle Ball nets will be available to the public in Gymnasium A on Wednesdays from 2:00-4:00pm & Fridays from 2:00-7:00pm.



HELP US UPDATE OUR RECORDS!

Please notify the Macomb Township Recreation Center at 586-992-2900, ext. 0, if you have any changes in your: family status, home or email address, home, cell or emergency phone numbers, or if you plan on moving out of the Township.

THANK YOU!

American Red Cross Blood Drive

Macomb Town Hall - Meeting Room 54111 Broughton, Macomb MI 48042 (off 25 Mile Rd, 2 miles East of Romeo Plank)

Thursday, July 26 / 9:00am-6:00pm

BE A HERO!

Did you know, according to American Red Cross, one donation can save up to 3 lives!! If you are at least 17 years of age, weigh a minimum of 110 pounds and are in good general health, you may be eligible to donate blood. Regulations in the United states allow people to donate whole blood once every 56 Accessions.

days. All donors need to present positive identification. Donors may call the American Red Cross approximately a week and a half prior to the Macomb Township Drive to make an appointment – the number is:

1-800-448-3543 (1-800-Give-Life)

THANK YOU!!

OPEN GYMNASIUM

All gymnasium times are designated for open basketball unless preplanned events occur. Organized pick-up basketball games will be allowed on both halves of Gymnasium B unless the facility is deemed too crowded by Management. In the event the facility is deemed too crowded, open shooting will occur in the gymnasiums.

GYMNASIUM RENTALS

April 1st-Memorial Day

 $\frac{1}{2}$ court gymnasium for 1 hour rentals are available Monday-Friday from 8:30pm-9:30pm only. Saturday & Sunday rental availability varies; please contact the front desk for further details.

May 29th-Labor Day

½ court gymnasium for 1 hour rentals are available:

Saturday & Sunday Open-11:30am Monday-Friday 6:00am-9:30pm

Courts can be utilized for volleyball, badminton, pickle ball (equipment provided), basketball, soccer, etc. Throwing of baseballs and/or lacrosse balls & batting practice is not permitted in the gymnasiums. For further information on rates and available days & times, please contact the front desk.

TRIPS 7

Detroit Symphony Orchestra

Pop Series with NEIL SEDAKA

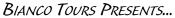
DSO Orchestra Hall Sunday, June 17 Showtime: 3:00pm Registration No. 223100-A

MTR Fee: \$33.00 NR Fee: \$38.00 Mid Balcony seats

Fee includes transportation & parking

Neil Sedaka is rock'n roll royality. His smash hits, including "Calendar Girl", "Breaking Up Is Hard To Do", "Happy Birthday Sweet Sixteen", "Oh Carol", & "Next Door to an Angel", dominated the airwaves in the early 1960's. He penned & produced many other chart-toppers for Connie Francis, Sinatra & Elvis just to name a few! GREAT way to spend **FATHER'S DAY!**

Depart at 2:00pm from the Marvin Blank Senior Center, 19925 23 Mile Road (one mile east of Romeo Plank, behind the fire station).



Bay City Michigan

Thursday, July 12, 2012 Registration No. 223100-B

MTR Fee: \$71.00 NR Fee: \$76.00

Please make checks payable to: **Macomb Township Treasurer** and register with Macomb Township Parks & Recreation

Your Bianco Tour Includes:

Round Trip Deluxe Transportation

City Tour - Tour Bay City with a local step-on-guide. A lumber and shipping town, Bay City has many old stories, filled with ghosts, legends and other folk lore. Learn about Hell's Half Mile and Water Street where as many as 5,000 loggers would hit the street at once to visit their favorite dens of sin, like the Red Light, the Brunswich, Ma Duffy's and the Blood Tub. You will also enjoy touring the district with turn-of-the-century brick buildings, which today, house quaint specialty shops, eateries and pubs.

Lunch - Included today at Krzysiak's House. One of the most popular restaurants in the Bay area, Krzysiak's offers authentic Polish food. The fun vibrant atmosphere created by the restaurant's ambience is enhanced by specially selected upbeat Polka music. Famous for good food, baked goods and homemade noodles.

Saginaw River Cruise - Passengers will enjoy a 2 hour cruise down the Saginaw River into Saginaw Bay while learning about the rich history of this old lumber and shipbuilding town.

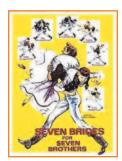
* Ship sails at Captain's discretion.



"7 Brides for 7 Brothers"

Saturday, August 11 Registration No. 223100-C

MTR Fee: \$90.00 NR Fee: \$95.00 Please make checks payable to: Macomb Township Treasurer and register with Macomb Township Parks & Recreation



Your Bianco Tour Includes:

Round Trip Deluxe Transportation

Lunch - A complete lunch is included today at the Hathaway House, located in Blissfield, MI

"Goin' courting" has never been as much fun as in this riproaring stage version of the popular MGM movie, adapted by Lawrence Kasha and David Landay. Millie is a young bride living in the 1850s Oregon wilderness whose plan to civilize and marry off her six rowdy brothers-in-law, to ensure the success of her own marriage, backfires when the brothers, in their enthusiasm, kidnap six women from a neighboring town to be their brides. Bursting with rambunctious energy, Seven Brides for Seven Brothers is all boisterous fun and romance.

BIANCO TOURS PRESENTS... Great American West

Monday, August 20-Monday, August 27 Register directly with Bianco for this trip.

MTR Fee: \$2,004* NR Fee: \$2,014*
*Prices based on double occupancy/per person

Please make checks payable to:

Bianco Tours, 12555 Universal Dr., Taylor, MI 48180

Featuring

- 2 Nights in Estes Park, Colorado
- · 2 Nights in Moab, Utah
- 1 Night in Cedar City, Utah
- · 2 Nights in Flagstaff, Arizona
- Rocky Mountain National Park
- · Colorado National Monument Rim Rock Drive
- Canyonlands National Park
- · Dead Horse Point State Park
- · Arches National Park
- Bryce Canyon National Park
- Zion National Park
- Grand Canyon National Park IMAX viewing and extensive guided tour including Sunset Crater, Navajo Nation Indian Lands, Colorado River and Painted Desert.
- Montezuma Castle & National Monument

Flyers & registration sheets are available w/additional information at the Macomb Township Recreation Center and the Marvin Blank Senior Center.

"ERNIE"

City Theatre – Theatrical Tribute to Detroit's own ERNIE HARWELL

Story of Beloved Hall of Fame Broadcaster

"Looong gone", but never forgotten.

Friday, July 27

Showtime: 8:00pm-9:30pm Registration No. 223100-E

MTR Fee: \$25.00 NR Fee: \$30.00

"Voice of Summer" - "Ernie" is set on Ernie Harwell's last night at Comerica, when the Hall of Fame broadcaster is about to give a moving thank you to a grateful city. Just before he walks onto the grassy field, he encounters an unusual boy who is eager to know all about him, coaxing Harwell into giving one final broadcast - the "broadcast of his life."

Fee includes transportation.

Depart from: Marvin Blank Senior Center

19925 23 Mile Road (1 mile east of Romeo

Plank, behind the fire station).



Join us for all the fun of watching the Detroit Tigers play at Comerica Park. Don't delay in registering for a Tigers game, we sell out every year! Trips include round trip transportation by luxury motor coach and game admission. The bus will depart from the Senior Center, 19925 23 Mile Road (one mile east of Romeo Plank-



behind fire station). Picnic coolers welcome on the bus. Six ticket maximum per household. If you would like to sit with friends or family, please include this information at the time of registration.

All games are scheduled on a Friday Night Fireworks Show. Enjoy fireworks after the Detroit Tigers game at Comerica Park. Bus will depart right after the show.

DETROIT TIGERS VS PITTSBURG PIRATES

Registration No. 243200-A

Friday, May 18th – Game Time: 7:05pm (Bus departure from Senior Center at 5:45 pm) MTR Fee: \$17.00 NR Fee: \$22.00

DETROIT TIGERS VS COLORADO ROCKIES

Registration No. 243200-B

Friday, June 15th – Game Time 7:05pm (Bus departure from Senior Center at 5:45 pm) MTR Fee: \$24.00 NR Fee: \$29.00

DETROIT TIGERS VS CHICAGO WHITE SOX

Registration No. 243200-C

Friday, July 20th - Game Time 7:05pm (Bus departure from Senior Center at 5:45 pm) MTR Fee: \$24.00 NR Fee: \$29.00



Detroit, MI

Wednesday, July 25 Reg No. 223100-F

Tour Time: 10:30/Lunch: 12:30 Bus Departs Senior Center at 9:30am 19925 23 Mile Rd (1 mile East of Romeo Plk)

MTR Fee: \$12.00 NR Fee: \$17.00

Tour Michigan's only Historic Pottery, a National Historic Landmark. Enjoy the Artisan Galleries & Museum! Lunch at Legends Grill in Detroit's Marina District (not included in fee).

Registration Deadline: July 10th

Transportation included

"Sleek and Silver" Bracelet Class

Macomb Township Recreation Center

Wednesday, May 2 7:00-9:00pm Registration No. 241402-A

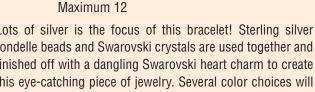
MTR Fee: \$15.00 NR Fee: \$20.00

MTRC Members receive \$5.00 discount

Class Size: Minimum 6

Lots of silver is the focus of this bracelet! Sterling silver rondelle beads and Swarovski crystals are used together and finished off with a dangling Swarovski heart charm to create this eye-catching piece of jewelry. Several color choices will be available to allow you to customize your bracelet.

\$15 Materials fee is required and payable to instructor the night of class.



Mosaic Garden Stepping Stone Class

Marvin Blank Senior Center

Wednesday, June 13, 2012 10:30am -12 Noon Registration No. 234000-K

MTR Fee: \$10.00 NR Fee: \$15.00

Class Size: Minimum 5. Maximum 12

Personalize your summer garden with your own 8" cement round handmade stepping stone! Decorate your creation with colorful stained glass pieces & nuggets. Create a keepsake to enjoy for years to come!

Must bring a cookie sheet to carry home your creation!

\$10 Material Fee is required & payable to instructor day of class.





Summer Volunteer Opportunities

Macomb Township Recreation Center

If you are interested in making a difference in your community (and having some fun) as one of our summer volunteers, please email Michelle at:dudam@macombmi.gov for volunteer application and background check form or pick one up at our front desk.



VOLUNTEERS ROCK!





Enjoy our "KiDzOnE" playarea at all of our free events! Your kidz will have tonz of fun, with: inflatables, organized games and fun "new" toys & equipment!

Thank you to our Sponsors:

Bounce About Rentals & HUNTINGTON BANKS!

Macomb Township Parks & Recreation

2012 FREE FAMILY FUN SUMMER EVENTS

| JUNE | | | | | |
|----------|---------|----------------|-------------|--|--|
| DAY | DATE | EVENT | TIME | | |
| SATURDAY | JUNE 2 | TONS O'TRUCKS | 10AM-1PM | | |
| TUESDAY | JUNE 19 | ROSCO PICNIC | 11:30AM-1PM | | |
| TUESDAY | JUNE 26 | ROSCO PICNIC | 11:30AM-1PM | | |
| THURSDAY | JUNE 28 | SUMMER CONCERT | 7:00PM | | |

| JULY | | | | |
|-------------|---------|----------------|-------------|--|
| DAY | DATE | EVENT | TIME | |
| TUESDAY | JULY 10 | ROSCO PICNIC | 11:30AM-1PM | |
| THURSDAY | JULY 12 | SUMMER CONCERT | 7:00PM | |
| TUESDAY | JULY 17 | ROSCO PICNIC | 11:30AM-1PM | |
| THURSDAY | JULY 19 | SUMMER CONCERT | 7:00PM | |
| THURSDAY | JULY 26 | SUMMER CONCERT | 7:00PM | |

| AUGUST | | | | |
|---------------|-----------|-------------------------------|--------|--|
| DAY | DATE | EVENT | TIME | |
| FRIDAY | AUGUST 3 | MOVIE NIGHT & KIDS CONCERT | 7:30PM | |
| TUESDAY | AUGUST 14 | 'PARK IT' CONCERT & MOVIE | 6:30PM | |

Look for the details about all of these Special Events on pages 9-11.

MACOMB TOWNSHIP PARKS & RECREATION RESERVES THE RIGHTS TO USE ALL PHOTOGRAPHS TAKEN AT COMMUNITY EVENTS FOR PUBLICATIONS AND/OR PROMOTIONAL PURPOSES.

Thank you to our

PARK PARTNERS

Allstate – The Halsey Agency
Jimmy Johns • Macomb Orthodontics
Michigan Schools & Government Credit Union



13th Annual Saturday, June 2nd 10:00am - 1:00pm

Sponsored By: Genisys Credit Union, St. John Medical Center - Macomb & Macomb County Sheriff's Office

Location: St. John Medical Center – Macomb 17900 23 Mile Road (west of Romeo Plank)













Here is your chance to get up-close and explore lots of interesting and fun vehicles! Come and see some very unique trucks, busses, emergency & construction vehicles and many unusual wheeled wonders - new & old of all kinds, including a MONSTER TRUCK & REAL RACE CAR!

OVERFLOW PARKING SHUTTLES AVAILABLE JUST WEST OF ST. JOHN AT THE NACHI BUILDING

Thank you to our **EVENT FRIENDS**: Macomb Orthodontics, Michigan Schools & Govt. Credit Union, Bounce About Rentals, Finzel Heating & Cooling, Shield's Pizza, and all the vehicle sponsors & volunteers who make this popular event possible!

Do you or someone you know have a "Wheeled Wonder" that can be displayed at this event? Please contact Michelle at 586-992-2900, ext. 2908 for more information on how to register/participate.

ROSCO'S PICNIC PALLOOZA SERIES

FREE Outdoor Fun & Games!! Tuesdays, 11:30am-1:00pm

Macomb Town Center Park 25 Mile Road (2 miles East of Romeo Plank)

Bring a blanket or lawn chairs, sun umbrellas, sunglasses and sun screen, pack a lunch or buy pizza and enjoy fabulous entertainment with Rosco and his friends! Each week enjoy a special show for families and children of all

ages. The fun continues after at "KiDzOnE" with fun games, and 'Bounce About' inflatables! RAIN or SHINE!! In case of heavy rain - head to the Recreation Center!

June 19 - Rosco's Silly Magic Show

This show is Absolutely, Positively, No Doubt About It, one Spectacular comical eye popping family event!

Sponsored by: Children's Dentistry & Orthodontics; Drs. Delaney, Plunkett, Ralstrom, Makowski, Thanasas, & Ker

June 26 - Rosco the Clown & Exotic Zoo with Javon Stacks

Join us for a wonderful Educational show. "A really hands on experience with Cool animals you will see up close!" The Exotic Zoo will transform your event into a lively zoo for the day.

Sponsored by: Henry Ford - Macomb Hospitals

~ also ~

"Kids Only Yard Sale" will coincide with our Rosco Event. Sellers must register at Macomb Township Recreation Center. See next column for more details!!



What do Cedar Point Amusement Park, Walt Disney World, hundreds of schools and MTPR have in common? They have all hired comedian magician Chris Llnn to bring his unique magical comedy entertainment to their family audiences. The Cool Tricks and Funny Stuff show features lots of age appropriate humor, amazing magical moments, exciting audience participation, colorful props and Chris' zany personality will guarantee smiles and a memorable good time!

Sponsored by: Michigan Schools & Government Credit Union Julu 17– Rosco's Fun & Games Dau

Picnic and play with Macomb's favorite clown! Carnival games. prizes, a sensory wall, inflatables, surprises and a special visit by the Macomb County Sheriff"s Department, Macomb Township Fire Department & MTPR's Freckle the Frog!

Sponsored by: Genisys Credit Union



Macomb Town Center Park Registration No. 244300-A

Tuesday, June 26

Set up time: 10:00-11:00am

Sales: 11:00-11:30am and again after Rosco's Show at 12:00noon-1:30pm

Rain Date: Tuesday, July 10

MTR Fee: \$5.00 NR Fee: \$10.00

This event will coincide with "Rosco's Picnic Palooza", so we will 'close down' the shopping from 11:30am to 12:00 Noon to enjoy the show!! Pre-registration mandatory! Register by Thurs June 21st or until spots are filled. See flyer for more details!

A Salvation Army Truck will be on hand to pick up all unsold items or any other donations people wish to drop off!

"Sizzlin' Summer Nights" Concerts in the Park

Thursdays 7:00-8:30pm

Macomb Town Center Park

25 Mile Road (2 Miles East of Romeo Plank)

Bring blankets or lawn chairs and enjoy free high quality live music outdoors, with friends and family! 'Ninety-minute set concerts' will be held rain or shine, so come prepared to enjoy this sensational entertainment line-up!

Bring your 'dancing shoes' and help fill up the dance floor!
Kids will enjoy our "KiDzOnE" play area where they will
encounter lots of fun, games & surprise guests!
Thank you to "Bounce About" for providing Inflatables!
Concessions available.

JUNE 28 - PARROTS OF THE CARRIBEAN - JIMMY BUFFET TRIBUTE BAND

Calling all 'Parrot Heads! Time to head to 'Key Macomb' for the best party of the summer! Enjoy music featuring the songs of Jimmy Buffet! 2nd Annual "Parrot Head HAT CONTEST", Prizes will be awarded for the top 3 Finishers!



Sponsored By: Spalding DeDecker Associates

JULY 12 – TOPPER MOST – BEATLES TRIBUTE

The Toppermost Beatles Tribute Band performs an enhanced re-creation of a Beatles concert. The band uses authentic instruments, costumes, wigs, accents, and humorous banter with the audience. You will be entertained by the dance music, ballads and all your favorite Beatles tunes.



Sponsored By: Team Rehabilitation

JULY 19 - 50 AMP FUSE

Fifty Amp Fuse will transport the audience on a musical journey through a live multimedia performance celebrating the greatest pop and rock hits from the 1960s through today!



Sponsored By: Macomb Orthodontics / Finzel Heating & Cooling / Henry Ford-Macomb Hospitals

July 26 – The Prolifics – Motown Tribute

Performing everyone's favorite Motown music for decades & admired for their vocal harmonies, timed choreography, and high-energy style, you will not want to miss your chance to be entertained by this amazing band!



Sponsored by: All Weather Restoration

THANK YOU TO OUR 2012 SPONSORS!

Subs 4 Subs Contest!

In conjunction with "Sizzlin' Summer Nights" Concerts

We want you! We will be holding a contest to see what Macomb Township subdivision or condo association can get the highest attendance at our first three summer concerts, and the sub/condo association with the most participants will win a Summer Sub Block Party at The Prolifics' concert on July 26th. SUBWAY subs, pop and chips will be provided for the winners. The winning subdivision or condo association will receive VIP treatment, "shout-outs" and recognition in our next R.E.A.C.H. catalog.

Participants must visit our

"SUB-sign-in" station upon arrival
to the concert. So get your
neighbors together and show up
for some FREE fun!



MOVIE UNDER THE STARS

3 Pre-Show Family Fun Concert

FREE COMMUNITY EVENT & KIDZONE!

Friday, August 3, 2012 Event begins at 7:30

Movie starts approximately 9pm (Dusk)

Macomb Town Center Park 25 Mile Road (west of Broughton)

Bring your blanket or lawn chairs and come to 'Macomb Town Center Park' to watch our "to-be announced - family favorite newer release" MOVIE!

Enjoy a funtastic pre-show interactive concert with the Kid-favorite, tested & approved, OUTSTANDING Guy Lewis & the Chautauqua Express!!

Free Glow bracelets at dusk! Remember to bring your flash lights, blankets, chairs.

> * FREE FAMILY-FRIENDLY BUG SPRAY STATION *





Movie Sponsored by: HUNTINGTON BANK Concert Sponsored by: Macomb Orthodontics

Aquatics – General Info

Macomb Township Recreation Center

SWIM TESTING

Anyone NEW to our program, wishing to enroll in Levels 1-4 must first participate in a REQUIRED swim test to ensure correct placement in lessons. Children should come prepared to swim. Preschool swim lessons do not require a swim test. Please refer to the class descriptions when enrolling your child in a preschool lesson.

SWIM TESTS will be conducted Monday-Friday, 6:00-9:00 pm at the Macomb Township Recreation Center. No appointment necessary.

SPECIAL NOTE: Participants may be registered for only one section of swim lessons at a time. Registering for consecutive sections may result in the participant being enrolled in an inappropriate level for a later section, and cancellation may be required.

MAKE-UP SWIM LESSONS

There will be no MAKE-UP classes or refunds for classes that participants are unable to attend.

If the pool is closed due to weather or maintenance, causing classes to be cancelled, a make-up class would occur on the next day in the sequence of classes after the last scheduled class date.

USE OF THE FACILITY

Participants will be allowed into the locker room facility **NO SOONER THAN 15 MINUTES** prior to the start of your swim lesson. Participants will be allowed in the water during their swim lesson only. See Aquatic Center schedule for times the pool is available for Open Swim.

ONLINE REGISTRATION

Swim Lessons are now available to register for online. Before you can register online for any classes you must call the recreation center for you household I.D. and password. Don't forget your swim test if you are new to the program. Placing your child in the wrong level may result in being cancelled from the class.

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Aquatics Registration Information

SWIM LESSON REGISTRATION TIMETABLE

All swim lessons, including Adult and Private lessons will follow this schedule.

PARTICIPANTS MAY BE ENROLLED IN ONLY ONE CLASS AT A TIME.

Monday, April 30, Beginning at 6:00am – Sessions 1 – 4 are available for RESIDENT ONLINE registration.

Monday, April 30, Beginning at 12:00pm – Sessions 1 – 4 are available for RESIDENT registration (Online, Walk-In & Mail).

Thursday, May 3, 6:00am Sessions 1 – 4 available for resident and non-resident registration.

Monday, June 11, Beginning at 6:00am – Sessions 5 & 6 are available for RESIDENT registration.

Thursday, June 14, Beginning at 6:00am – Sessions 5 & 6 are available for resident and non-resident registration.

Monday, July 23, Beginning at 6:00am – Sessions 7 & 8 are available for RESIDENT registration.

Thursday, July 26, Beginning at 6:00am – Sessions 7 & 8 are available for resident and non-resident registration.

PLEASE NOTE: Participants may be enrolled in only ONE swim class at a time. Participants enrolled in multiple sessions of swim classes will be removed from all additional classes and credits will be placed on household accounts. Please register your children for only ONE swim class at a time.

MAKE-UP Swim Lessons

There will be no MAKE-UP classes or refunds for classes that participants are unable to attend.

CPR & First Aid Training

Macomb Township Recreation Center

Be prepared for breathing and cardiac emergencies for people of all ages. This eight hour course teaches easy-to-learn emergency procedures to use in critical life threatening situations as well as first aid procedures. Upon



successful completion of this class you will receive certifications in Adult, Child, and Infant CPR and First Aid. (30 minutes will be allotted for lunch – bring a sack lunch or money).

MTR Fee: \$100.00 NR Fee: \$105.00 MTRC Members receive \$5.00 discount

Class Size: Minimum 8, Maximum 16

| Session I | Days | Dates | Time |
|-----------|------|--------|---------------|
| 241115-A | Su | May 20 | 9:00am-5:00pm |
| 241115-B | Su | Jun 10 | 9:00am-5:00pm |
| 241115-C | Su | Aug 12 | 9:00am-5:00pm |

Swim Lesson Class Descriptions

Preschool Swim Lessons (6 months – 4 years)

MTR Fee: \$50.00 NR Fee: \$55.00 MTRC Members Receive \$5.00 discount

Please note: Children 5 years of age & older should NOT be enrolled in the Preschool Program. Please look at the Learn-To-Swim Program for classes suitable for 5 years and above. The zero depth pool will be used minimally during the first 2 instruction times. All other classes will be instructed from the activity pool.

LEVEL A (6 months – 2 years)

Children 3 yrs & above should NOT be enrolled in this level

Parent MUST accompany child in the water

Activities include: Enter/exit water safely, feel comfortable in the water, submerge, explore buoyancy on front and back, change body position in water, and learn about choosing and using life jackets. This is a class for children who MUST have a parent with them in the water.

LEVEL B (2 - 4 years)

Children 5 vrs & above should NOT be enrolled in this level

This is a transition class from parent to instructor. Parents will be expected to get in the water if the instructor feels it is necessary. Children in this class may be apprehensive of the water or working with a new instructor or it may be their first experience with swimming pools. Additional skills introduced will include: submerging in a rhythmic pattern, performing combined stroke on front and back.

LEVEL C (3 - 4 years)

Children 5yrs & above should NOT be enrolled in this level

Child works independently with instructor. Parents are NOT allowed in the water. Child must be comfortable going underwater and be able to listen and follow directions Children will explore deeper parts of the pool. They will also begin working on combined strokes on front and back. Successful completion of Level C will aid in a smooth transition into Level 1.

Learn-To-Swim (5 – 12 years) MTR Fee: \$50.00 NR Fee: \$55.00

MTRC Members Receive \$5.00 discount

LEVEL 1 - Introduction to Water Skills

Participants will participate in activities which allow them to feel comfortable in the water and enjoy the water safely. Students will learn elementary aquatic skills such as breath control and underwater swimming, buoyancy, swimming on front and back and personal water safety. (Prerequisite: Participation in Swim Test)

LEVEL 2 - Fundamental Aquatic Skills

Participants explore simultaneous and alternating arm and leg action on the front and back. This lays the foundation for future strokes such as freestyle, backstroke and butterfly. (Prerequisite: A Learn-to-swim Level 1 certificate or demonstrated competency of Level 1 skills through a Swim Test)

LEVEL 3 - Stroke Development

Participants will learn to coordinate the front and back crawls. They will also learn elements for the butterfly and the fundamentals of treading water. (Prerequisite: A Learn-to-swim Level 2 certificate or demonstrated competency in Level 2 skills through a Swim Test)

LEVEL 4 – Stroke Improvement

Participants will improve skills and increase endurance by swimming greater distances. Elementary backstroke, Breaststroke and elements of sidestroke are introduced. (Prerequisite: A Learn-to-swim Level 3 certificate or demonstrated competency in Level 3 skills through a Swim Test)

Level 4 Swim Lessons

Macomb Township Recreation Center

Please read the descriptions and details for these lessons above. Swim Tests will be required for these classes if your child has not already participated in our swim program in the past.

There will be no make-up classes or refunds for classes that participants are unable to attend.

Please refer to the Swim Lesson Timeline for registration dates for each session on page 12.

MTR Fee: \$50.00 NR Fee: \$55.00

MTRC Members receive \$5.00 discount.

Class size: Minimum 3,

Maximum 6

| Session 1 | Days | Dates | Time |
|--|-------------------------------|---|--|
| 216004-A | Mo/We | May 7 – Jun. 6 | 5:25 - 5:55pm |
| | | NO CLASS May 28 | |
| Session 2 | Days | Dates | Time |
| 216004-B | Tu/Ťh | May 8 – Jun. 7 | 4:50 - 5:20pm |
| | | NO CLASS May 29 | |
| Session 3 | Days | Dates | Time |
| 216004-C | Sa | Jun. 16 – Aug. 18 | 8:45 - 9:15am |
| 216004-D | Sa | Jun. 16 – Aug. 18 | 11:05 - 11:35am |
| | | NO CLASS JULY 7 | |
| | | | |
| Session 5 | Days | Dates | Time |
| Session 5 216004-E | Days Mo/We | Dates Jun. 18 – Jul. 16 | |
| | | | Time 5:25 – 5:55pm |
| | | Jun. 18 – Jul. 16 | |
| 216004-E | Mo/We | Jun. 18 – Jul. 16 NO CLASS JULY 4 | 5:25 – 5:55pm Time |
| 216004-E Session 6 | Mo/We Days | Jun. 18 – Jul. 16 NO CLASS JULY 4 Dates | 5:25 – 5:55pm |
| 216004-E Session 6 | Mo/We Days | Jun. 18 – Jul. 16 NO CLASS JULY 4 Dates Jun. 19 – Jul. 17 | 5:25 – 5:55pm Time |
| 216004-E Session 6 216004-F | Mo/We Days Tu/Th | Jun. 18 – Jul. 16 NO CLASS JULY 4 Dates Jun. 19 – Jul. 17 NO CLASS JULY 5 | 5:25 – 5:55pm Time 5:25 – 5:55pm |
| 216004-E Session 6 216004-F Session 7 | Mo/We Days Tu/Th Days Mo/We | Jun. 18 – Jul. 16 NO CLASS JULY 4 Dates Jun. 19 – Jul. 17 NO CLASS JULY 5 Dates | 5:25 – 5:55pm Time 5:25 – 5:55pm Time |
| 216004-E Session 6 216004-F Session 7 216004-G | Days Tu/Th Days | Jun. 18 – Jul. 16 NO CLASS JULY 4 Dates Jun. 19 – Jul. 17 NO CLASS JULY 5 Dates Jul. 30 – Aug. 27 | 5:25 – 5:55pm Time 5:25 – 5:55pm Time 5:25 – 5:55pm |

AQUATICS

PRESCHOOL SWIM PROGRAMS (Ages 6 months – 4 years)

See page 13 for detailed descriptions of the classes.

NO CLASSES May 28-29, July 4-5 & July 7-8 / There will be no MAKE-UP classes or refunds for classes that participants are unable to attend.

| DATE/DAYS | LEVE | . A | LEVE | L B | LEVE | L C |
|--|------------------------------|----------------------|---|---|---|--|
| Session 1 Mo/We May 7-Jun 6 | 10:10-10:40am 4:50-5:20pm | 216007-A 216007-B | 9:00-9:30am 11:20-11:50am 4:15-4:45pm 5:25-5:55pm | 216008-A 216008-AA 216008-B 216008-BB | 9:35-10:05am 10:45-11:15am 4:50-5:20pm | 216009-A 216009-AA 216009-B |
| Session 2 Tu/Th May 8-Jun 7 | | | 9:00-9:30am 11:20-11:50am 4:15-4:45pm 5:25-5:55pm | 216008-C 216008-CC 216008-D 216008-DD | 9:35-10:05am 10:10-10:40am 10:45-11:15am 4:50-5:20pm | 216009-BB 216009-C 216009-CC 216009-D |
| Session 3 Sa Jun 16-Aug 18 | 9:20-9:50am 10:30-11:00am | 216007-C 216007-D | 8:10-8:40am 8:10-8:40am 8:45-9:15am 8:45-9:15am 9:20-9:50am 9:55-10:25am 10:30-11:00am 11:05-11:35am | 216008-E 216008-EE 216008-F 216008-G 216008-H 216008-J 216008-K 216008-L 216008-M | 8:10-8:40am 8:45-9:15am 9:20-9:50am 9:55-10:25am 10:30-11:00am 11:05-11:35am | 216009-DD 216009-E 216009-F 216009-G 216009-H 216009-I |
| Session 4 Su Jun 17-Aug 19 | 10:45-11:15am | 216007-E | 10:10-10:40am 10:10-10:40am 11:20-11:50am 11:20-11:50am | 216008-N 216008-0 216008-P 216008-Q | 10:10-10:40am 10:45-11:15am 11:20-11:50am | 216009-J 216009-K 216009-L |
| Session 5 Mo/We Jun 18-Jul 16 | 9:45-10:15am 4:50-5:20pm | 216007-F 216007-G | 8:00-8:30am 8:35-9:05am 9:10-9:40am 9:10-9:40am 10:20-10:50am 10:55-11:25am 4:15-4:45pm 5:25-5:55pm | 216008-R 216008-S 216008-T 216008-U 216008-V 216008-W 216008-X 216008-Y | 8:00-8:30am 8:35-9:05am 9:10-9:40am 10:20-10:50am 10:55-11:25am 4:50-5:20pm | 216009-M 216009-N 216009-O 216009-P 216009-Q 216009-R |
| Session 6 Tu/Th Jun 19-Jul 17 | 9:45-10:15am 4:50-5:20pm | 216007-H 216007-I | 8:00-8:30am 8:35-9:05am 9:10-9:40am 9:10-9:40am 10:20-10:50am 10:55-11:25am 4:15-4:45pm 5:25-5:55pm | 216008-Z 216008-ZA 216008-ZB 216008-ZC 216008-ZD 216008-ZE 216008-ZF 216008-ZG | 8:00-8:30am 8:35-9:05am 9:10-9:40am 10:20-10:50am 10:55-11:25am 4:50-5:20pm | 216009-S 216009-T 216009-U 216009-V 216009-W 216009-X |
| Session 7 Mo/We Jul 30-Aug 27 | 9:45-10:15am 4:50-5:20pm | 216007-J 216007-K | 8:00-8:30am 8:35-9:05am 9:10-9:40am 9:10-9:40am 10:20-10:50am 10:55-11:25am 4:15-4:45pm 5:25-5:55pm | 216008-ZH 216008-ZI 216008-ZJ 216008-ZK 216008-ZL 216008-ZL 216008-ZN 216008-ZN | 8:00-8:30am 8:35-9:05am 9:10-9:40am 10:20-10:50am 10:55-11:25am 4:50-5:20pm | 216009-Y 216009-Z 216009-ZA 216009-ZB 216009-ZC 216009-ZD |
| Session 8 Tu/Th Jul 31-Aug 28 | 9:45-10:15am 4:50-5:20pm | 216007-L 216007-M | 8:00-8:30am 8:35-9:05am 9:10-9:40am 9:10-9:40am 10:20-10:50am 10:55-11:25am 4:15-4:45pm 5:25-5:55pm | 216008-ZP 216008-ZQ 216008-ZR 216008-ZS 216008-ZT 216008-ZU 216008-ZV 216008-ZW | 8:00-8:30am 8:35-9:05am 9:10-9:40am 10:20-10:50am 10:55-11:25am 4:50-5:20pm | 216009-ZE 216009-ZF 216009-ZG 216009-ZH 216009-ZI 216009-ZJ |



AQUATICS

LEARN-To-Swim Programs (Ages 5 years - 12 years)

See page 13 for detailed descriptions of the classes.

NO CLASSES May 28-29, July 4-5 & July 7-8 / There will be no MAKE-UP classes or refunds for classes that participants are unable to attend.

| DATE/DAYS | LEVEL | . 1 | LEVE | L 2 | LEV | EL 3 |
|----------------|---|---|--|--|---------------|----------------------|
| Session 1 | 4:15-4:45pm | 216001-A | 4:15-4:45pm | 216002-A | 4:15-4:45pm | 216003-A |
| Mo/We | 4:50-5:20pm | 216001-AA | 4:50-5:20pm | 216002-B | · · | |
| May 7-Jun 6 | 5:25-5:55pm | 216001-B | 5:25-5:55pm | 216002-C | | |
| Session 2 | 4:15-4:45pm | 216001-BB | 4:15-4:45pm | 216002-D | 4:15-4:45 p.m | 216003-B |
| Tu/Th | 4:50-5:20pm | 216001-C | 4:50-5:20pm | 216002-E | 5:25-5:55pm | 216003-C |
| May 8-Jun 7 | 5:25-5:55pm | 216001-CC | 5:25-5:55pm | 216002-F | | |
| Session 3 | 8:10-8:40am | 216001-D | 8:10-8:40am | 216002-G | 8:10-8:40am | 216003-D |
| Sa | 8:45-9:15am | 216001-DD | 8:45-9:15am | 216002-H | 9:55-10:25am | 216003-E |
| Jun 16-Aug 18 | 9:20-9:50am | 216001-E | 9:20-9:50am | 216002-I | | |
| | 9:20-9:50am | 216001-EE | 9:55-10:25am 10:30-11:00am | 216002-J | | |
| | 9:55-10:25am 10:30-11:00am | 216001-F 216001-FF | 11:05-11:35am | 216002-K 216002-L | | |
| | 10:30-11:00am | 216001-11 216001-G | 11.00-11.004111 | 210002-L | | |
| | 11:05-11:35am | 216001-GG | | | | |
| Session 4 | 10:10-10:40am | 216001-H | 10:10-10:40am | 216002-M | | |
| Su | 10:10-10:40am | 216001-HH | 10:45-11:15am | 216002-N | | |
| Jun 17-Aug 19 | 10:45-11:15am | 216001-I | 11:20-11:50am | 216002-0 | | |
| oun ir rug io | 10:45-11:15am | 216001-II | 11.20 11.000 | 210002 0 | | |
| | 11:20-11:50am | 216001-J | | | | |
| | 11:20-11:50am | 216001-K | | | | |
| Session 5 | 8:00-8:30am | 216001-L | 8:00-8:30am | 216002-P | 8:35-9:05am | 216003-F |
| Mo/We | 8:35-9:05am | 216001-M | 9:45-10:15am | 216002-Q | 4:15-4:45pm | 216003-G |
| Jun 18-Jul 16 | 9:10-9:40am | 216001-N | 10:20-10:50am | 216002-R | 5:25-5:55pm | 216003-H |
| | 9:45-10:15am | 216001-0 | 10:55-11:25am | 216002-S | | |
| | 10:20-10:50am | 216001-P | 4:15-4:45pm | 216002-T | | |
| | 10:55-11:25am | 216001-Q | 4:50-5:20pm | 216002-U | | |
| | 4:15-4:45pm | 216001-R | 5:25-5:55pm | 216002-V | | |
| | 4:15-4:45pm | 216001-S | | | | |
| | 4:50-5:20pm 5:25-5:55pm | 216001-T 216001-U | | | | |
| Session 6 | 8:00-8:30am | 216001-V | 8:00-8:30am | 216002-W | 8:35-9:05am | 216003-I |
| Tu/Th | 8:35-9:05am | 216001-V 216001-W | 9:45-10:15am | 216002-W 216002-X | 4:15-4:45pm | 216003-1 216003-J |
| Jun 19-Jul 17 | 9:10-9:40am | 216001-X | 10:20-10:50am | 216002-X | 5:25-5:55pm | 216003 5 216003-K |
| ouii 15 oui 17 | 9:45-10:15am | 216001-Y | 10:55-11:25am | 216002-T | 0.20 0.00pm | 210000 K |
| | 10:20-10:50am | 216001-Z | 4:15-4:45pm | 216002-ZA | | |
| | 10:55-11:25am | 216001-ZA | 4:50-5:20pm | 216002-ZB | | |
| | 4:15-4:45pm | 216001-ZB | 5:25-5:55pm | 216002-ZC | | |
| | 4:15-4:45pm | 216001-ZC | | | | |
| | 4:50-5:20pm | 216001-ZD | | | | |
| | 5:25-5:55pm | 216001-ZE | | | | |
| Session 7 | 8:00-8:30am | 216001-ZF | 8:00-8:30am | 216002-ZD | 8:35-9:05am | 216003-L |
| Mo/We | 8:35-9:05am | 216001-ZG | 9:45-10:15am | 216002-ZE | 4:15-4:45pm | 216003-M |
| Jul 30-Aug 27 | 9:10-9:40am | 216001-ZH | 10:20-10:50am | 216002-ZF | 5:25-5:55pm | 216003-N |
| | 9:45-10:15am | 216001-ZI | 10:55-11:25am | 216002-ZG | | |
| | 10:20-10:50am 10:55-11:25am | 216001-ZJ 216001-ZK | 4:15-4:45pm | 216002-ZH 216002-ZI | | |
| | 4:15-4:45pm | 216001-ZK 216001-ZL | 4:50-5:20pm 5:25-5:55pm | 216002-ZI 216002-ZJ | | |
| | 4:15-4:45pm | 216001-ZL 216001-ZM | J.25-J.JJpIII | 210002-20 | | |
| | 4:50-5:20pm | 216001-ZN | | | | |
| | 5:25-5:55pm | 216001-ZN | | | | |
| | 8:00-8:30am | 216001-ZP | 8:00-8:30am | 216002-ZK | 8:35-9:05am | 216003-0 |
| Session 8 | | | 9:45-10:15am | 216002-ZL | 4:15-4:45pm | 216003-P |
| Session 8 | | 216001-70 | | | | |
| Tu/Th | 8:35-9:05am | 216001-ZQ 216001-ZR | | | 5:25-5:55nm | |
| Tu/Th | | 216001-ZR | 10:20-10:50am 10:55-11:25am | 216002-ZM | 5:25-5:55pm | 216003-Q |
| | 8:35-9:05am 9:10-9:40am | | 10:20-10:50am | | 5:25-5:55pm | |
| Tu/Th | 8:35-9:05am 9:10-9:40am 9:45-10:15am | 216001-ZR 216001-ZS | 10:20-10:50am 10:55-11:25am 4:15-4:45pm 4:50-5:20pm | 216002-ZM 216002-ZN | 5:25-5:55pm | |
| Tu/Th | 8:35-9:05am 9:10-9:40am 9:45-10:15am 10:20-10:50am | 216001-ZR 216001-ZS 216001-ZT | 10:20-10:50am 10:55-11:25am 4:15-4:45pm | 216002-ZM 216002-ZN 216002-ZO | 5:25-5:55pm | |
| Tu/Th | 8:35-9:05am 9:10-9:40am 9:45-10:15am 10:20-10:50am 10:55-11:25am 4:15-4:45pm 4:15-4:45pm | 216001-ZR 216001-ZS 216001-ZT 216001-ZU 216001-ZV 216001-ZW | 10:20-10:50am 10:55-11:25am 4:15-4:45pm 4:50-5:20pm | 216002-ZM 216002-ZN 216002-ZO 216002-ZP | 5:25-5:55pm | |
| Tu/Th | 8:35-9:05am 9:10-9:40am 9:45-10:15am 10:20-10:50am 10:55-11:25am 4:15-4:45pm 4:15-4:45pm 4:50-5:20pm | 216001-ZR 216001-ZS 216001-ZT 216001-ZU 216001-ZV 216001-ZW 216001-ZX | 10:20-10:50am 10:55-11:25am 4:15-4:45pm 4:50-5:20pm | 216002-ZM 216002-ZN 216002-ZO 216002-ZP | 5:25-5:55pm | |
| Tu/Th | 8:35-9:05am 9:10-9:40am 9:45-10:15am 10:20-10:50am 10:55-11:25am 4:15-4:45pm 4:15-4:45pm | 216001-ZR 216001-ZS 216001-ZT 216001-ZU 216001-ZV 216001-ZW | 10:20-10:50am 10:55-11:25am 4:15-4:45pm 4:50-5:20pm | 216002-ZM 216002-ZN 216002-ZO 216002-ZP | 5:25-5:55pm | |

ATTENTION AQUATICS PARTICIPANTS: Participants will be allowed into the locker room facility no sooner than 15 minutes prior to the start of your swim lesson. Participants will be allowed in the water during their swim lesson only. See Aquatic Center schedule for times the pool is available for Open Swim.

Water Aerobics

Macomb Township Recreation Center

This shallow water workout program combines water and weights for a thorough cross training experience. You will notice an increase in strength and cardiovascular fitness. This class caters to all fitness



levels. Beginners are encouraged to attend. It's a great program for anyone and is particularly suited to those who experience minor joint, knee or back problems.

Punch cards will be picked up at the check-in desk the first day of class. Card must be shown at the front desk for admittance into the building and brought out onto the pool deck to be accounted for.

Two-day per week class:

MTR Fee: \$62.00 NR Fee: \$67.00 MTRC Members receive \$5.00 discount

One-day per week class:

MTR Fee: \$31.00 NR Fee: \$36.00 MTRC Members receive \$5.00 discount

Class Size: Minimum 10. Maximum 25

| Session 1 | Days | Dates | Time |
|-----------|---------|-----------------|--------------|
| 221319-A | Mo/We | May 7-Jun. 25 | 9:00-10:00am |
| | | No Class May 28 | |
| 221319-B | Tu/Th | May 8-Jun 20 | 9:00-10:00am |
| 221319-C | Tu/Th | May 8-Jun 20 | 6:00-7:00pm |
| 221319-D | One day | per week | |

Registration Deadline: May 4

| Session 2 | Days | Dates | Time |
|-----------|---------|---------------|--------------|
| 221319-E | Mo/We | Jul 9-Aug 22 | 9:00-10:00am |
| 221319-F | Tu/Th | Jul 10-Aug 23 | 9:00-10:00am |
| 221319-G | Tu/Th | Jul 10-Aug 23 | 6:00-7:00pm |
| 221319-H | One day | per week | |

Registration Deadline: July 6

If Drop-In classes are available between Session 1 & 2 schedules will be available at the front desk. Punch cards MAY NOT be used for these classes.

See Aquatics General Information for Make-up Policy.

FRIENDLY REMINDER...

Nothing ruins a good program quicker than everyone waiting until the last minute to register!

Please register early to ensure that the program will run.

Adult & Private Swim Lessons

Macomb Township Recreation Center

Participants will discuss their goals for this class with the instructor prior to beginning class. Instructor will cater the lesson to meet your goals. Pairing of students is not provided by MTPR for Semi-Private lessons and must be registered at the same time. There will be no make-up classes or refunds for classes that participants are unable to attend.

Please refer to the Swim Lesson Timeline for registration dates for each session. Pg. 12

Adult & Private Lessons

226001-W

226001-X

Tu/Th

Tu/Th

MTR Fee: \$95.00 NR Fee: \$100.00 MTRC Members receive \$5.00 discount

Semi Private Lessons (i.e., Sibling, Friend of same skill level)
MTR Fee: \$75.00 per person
MTRC Members receive \$5.00 discount

NOTE: When enrolling for Semi Private lessons, enroll the first person. Leave a Roster Note with the Second person's name. They will be enrolled by office staff and you will be contacted to pay the balance

| contacted t | o pay the | balance. | |
|---|--|--|---|
| Session 1 226001-A 226001-B 226001-C 226001-D 226001-E | Days Mo/We Mo/We Mo/We Mo/We | Dates May 7-Jun 6 | Time 6:00-6:30pm 6:35-7:05pm 7:10-7:40pm 7:45-8:15pm 8:20-8:50pm |
| Session 2 226001-F 226001-G 226001-H | Days Tu/Th Tu/Th Tu/Th | Dates May 8-Jun 7 May 8-Jun 7 May 8-Jun 7 | Time 7:00-7:30pm 7:35-8:05pm 8:10-8:40pm |
| Session 5 226001-I 226001-J 226001-K 226001-L 226001-M | Days Mo/We Mo/We Mo/We Mo/We | Dates Jun 18-Jul 16 (No class 7/4) | Time 6:00-6:30pm 6:35-7:05pm 7:10-7:40pm 7:45-8:15pm 8:20-8:50pm |
| Session 6 226001-N 226001-O 226001-P | Days Tu/Th Tu/Th Tu/Th | Dates Jun 19-Jul 17 Jun 19-Jul 17 Jun 19-Jul 17 (No class 7/5) | Time 7:00-7:30pm 7:35-8:05pm 8:10-8:40pm |
| Session 7 226001-Q 226001-R 226001-S 226001-T 226001-U | Days Mo/We Mo/We Mo/We Mo/We | Dates Jul 30-Aug 27 | Time 6:00-6:30pm 6:35-7:05pm 7:10-7:40pm 7:45-8:15pm 8:20-8:50pm |
| Session 8 226001-V | Days Tu/Th | Dates Jul 31-Aug 28 | Time 7:00-7:30pm |

Jul 31-Aug 28

Jul 31-Aug 28

7:35-8:05pm

8:10-8:40pm

SENIOR ACTIVITIES

Senior Cards & Camaraderie

Ages 55 & Up

Marvin Blank Senior Center

19925 23 Mile Rd. (one mile east of Romeo Plank)

Check-In: 12:45pm with Play Beginning at 1:00pm

MTR Fee: \$1.00 NR Fee: \$2.00

Call (586) 992-2900 Ext 0 to register and pay at the door. Registration Deadline is one week before the party.

| 234000-A | Fr | May 11 | 12:45pm |
|----------|----|---------|---------|
| 234000-В | Fr | June 15 | 12:45pm |
| 234000-C | Fr | July 13 | 12:45pm |
| 234000-D | Fr | Aug 10 | 12:45pm |

Come join us for an afternoon of Senior fun and fellowship! Enjoy the company of old and new friends during this afternoon of card playing and socializing.

In addition to card games, "Mexican Train" and Bunco will also be available. Mexican Train is a Domino-like game that is growing in popularity, and Bunco is a dice game that is enjoyed by many. Have fun playing old favorites or learn something new! Refreshments and snacks will be served.

Chicks with Sticks

Knitting & Crochet Group for Seniors 55 & Up

Marvin Blank Senior Center

19925 23 Mile Rd. (one mile east of Romeo Plank)

Please join us every Thursday from 10:00am-12:30pm to knit & crochet. Your level of experience does not matter — this group is for both the beginner and the experienced. It is a great opportunity to meet new people and share your talents.

We ask that you bring all your own supplies. Yarn and needles are available for practice.

| Session | Day | Dates | Time |
|----------|-----|---------------------|---------------|
| 234000-Е | Th | May 3-Aug 30 | 10:00a-12:30p |
| | | No meeting July 5th | |

MTR Fee: \$10.00 NR Fee: \$15.00

Navigating Internet News Program

Ages 55 & Up

Marvin Blank Senior Center 19925 23 Mile Rd. (one mile east of Romeo Plank)

Tuesday, May 22, 2012 10:00am Registration No. 234000-F

Registration Deadline: Fri May 18 Class Size: Minimum 10 Maximum 50

Please join Macomb Patch reporter Jenny Whalen for this informational program designed to teach how to use the Internet to follow local news, search for community events and review local businesses.

Senior Matinee

Ages 55 & Up

Marvin Blank Senior Center

Come spend the afternoon with us as we transform the Senior Center into a movie theater! Each movie shown will be a "Newer Release," please check our monthly calendar posted on our website:



www.macomb-mi.gov to find out which movie we will be showing on the big screen. The registration fee is for related refreshment costs.

| Wedne | esdays 12: | 30-2:30pm |
|----------|------------|-------------------|
| 234000-G | May 23 | "We Bought a Zoo" |
| 234000-Н | Jun 20 | "Extremely Loud & |
| | | Incredibly Close" |
| 234000-I | Aug 22 | TBA |

To register please call (586) 992-2900, ext 0, and pay at the door the day of the event. (Registration deadline - 1wk prior to movie)

MTR Fee: \$1.00 NR Fee: \$2.00

Movie donated by Blockbuster of Macomb (21 Mile & Card Rd)

Senior Euchre Party

Ages 55 & Up

Marvin Blank Senior Center

Check-In: 12:45pm with play beginning at 1:00pm

MTR Fee: \$6.00 NR Fee: \$11.00

Registration Deadline is one week before the party.

224202-A Tu Jun 26 12:45pm **224202-B** Tu Aug 28 12:45pm

Sign up as a single player and your partner and opponents will be chosen in a "Luck of the Draw".

FEE INCLUDES: 8 rounds of Euchre, snacks, coffee, one entry into door prize raffle and prizes for the top finishers!

"Summer Flowers" Senior Bracelet Class

Marvin Blank Senior Center

Wednesday, June 6 10:00am-12:00pm Registration No. 234000-J

MTR Fee: \$11.00 NR Fee: \$16.00 Class size: Minimum 6. Maximum 12



Learn how to make a beautiful bracelet in this fun and easy class. Handmade lampwork glass beads accented with delicate flowers are in shades of purple and white. Swarovski Pearls and Crystals and a silver clasp complete the look. You will learn basic crimping and stringing techniques that will allow a custom fit. This class is appropriate for beginners as well as experienced beaders. All supplies are included in class fee.

Seniors & Adults Badminton Play

Macomb Township Recreation Center

Tuesdays, 9:00-11:00am

Seniors and Adults come play Badminton every Tuesday morning!

*This program is free for memebers.



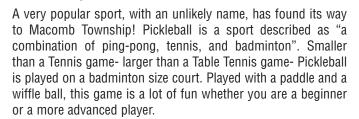
Macomb Township Recreation Center

Mondays & Wednesdays (4 Courts) 8:00-9:00am Beginners

9:00am-2:00pm

Fridays (2 Courts)

8:00-9:00am Beginners 9:00am-2:00pm





No equipment needed for beginner participants!

Call the Recreation Center to set up an appointment for Beginner Instructions. We have many Pickleball volunteers ready and willing to introduce the game to anyone interested in participating. (586) 992-2900, ext. 2907.

Senior Golf "Pav & Plav"

Hickory Hollow Golf Club 49001 North Ave. (North of 21 Mile)



Come join a great group of people for a season of golf. This non-competitive program invites men and women ages 55+ to enjoy 9 holes of golf on Monday mornings. Tee-times will range between 8:00-9:00am and will be assigned on a first come, first serve basis. A lunch banquet will follow at the conclusion of the season, on August 27th.

A weekly prize for closest to the pin will be provided by Hickory Hollow or MTPR.

A pre-season meeting will be held Monday, April 23, 9:00am at Hickory Hollow.

Season: Monday, April 30 – Monday, August 27

MTR Fee: \$5.00 registration fee NR Fee: \$10 registration fee

Green Fees to be paid directly to the course weekly. \$8.00 (9 holds walking) / \$15.00 (9 holes with a cart)

Reg. No. Day **Dates** Time 132401-A Mo Apr 30-Aug 27 8:00am

Health & Wellness Lectures For Those "55 or Better"



Sponsored by St. John Providence Health System's CareLink in partnership with Macomb Township Parks and Recreation

Marvin Blank Senior Center

19925 23 Mile Road (one mile east of Romeo Plank Rd.)

Pre-registration recommended ensuring availability of adequate refreshments and handouts. To pre-register, call 586-992-2900. Class size: Maximum 50

VITAMIN & MINERAL SUPPLEMENTS

Tuesday, May 15 10:00-11:00am Registration No. 141512-0



Ideally, we should get our nutrition through a healthy diet. This is not possible for everyone, so learn and consider some pros, cons and cautions when supplementing your nutritional needs. Refreshments provided.

Presenter: Cynthia Browne, MD, Radiation Oncologist with a Specialty in Breast Cancer and Nutrition on staff at St. John Hospital and Medical Center

LEAK LESS. LAUGH MORE

Tuesday, June 19 10:00-11:00am Registration No. 241512-F



Don't accept urinary incontinence as a normal part of aging. It can worsen as we age, so join us to learn more about types of incontinence, treatment options and coping strategies. Refreshments provided.

Presenter: Kamini Komarraju, Physical Therapist, St. John Physical Rehabilitation Services, St. John Hospital and Medical Center

ACID REFLUX & TREATMENT OPTIONS

Tuesday, July 17 10:00-11:00am Registration No. 241512-G



Gastroesophageal reflux disease (GERD) is the second most prevalent of all gastrointestinal and liver conditions. Learn more about GERD and innovative treatment options to offer reduction in GERD symptoms. Refreshments provided.

Presenter: Bradley Warren, DO, Gastroenterologist on staff at St. John Macomb-Oakland Hospital

LOVE THE SKIN YOU'RE IN

Tuesday, August 21 10:00-11:00am Registration No. 241512-H



Your skin is the largest organ in your body with predictable changes occurring with age, but also due to possible lifestyle and heredity factors. We'll share tips to cope with changes, to prevent itchy skin, to keep your skin more resilient to wounds and infection, and guidance for when to seek assistance. Refreshments provided.

Presenter: Karen Merritt, RN, Director, Wound Care Center, St.

John River District Hospital

SENIOR & ADULT FITNESS

'Senior Tuesday Morning Walk & Talk'

Macomb Corners Park – Phase II (east side) 25 Mile Rd (1 mile East of Romeo Plank)



Meet under the blue pavilion on Tuesday mornings at 9am with your coffee and socialize before heading on to our beautiful 1-mile paved walking trail at 9:30am for some great exercise & fellowship! This is a great opportunity to gather with friends or meet new people while promoting a healthy lifestyle!

This FREE (unsupervised) group activity begins Tues May 15th and runs through the fall months! HAPPY WALKING/TALKING!

Senior Sneakers Gentle Fitness

Macomb Township Senior Center

Improve your quality of life & age gracefully! An easy gentle slow paced class improves strength, balance, flexibility, cardio fitness & helps you lose weight. A great class to help with arthritis, diabetes, heart disease, cancer, and depression. Every move is performed either seated or standing behind a chair (you can choose the style you prefer).

MTR Fee: \$35.00 NR Fee: \$40.00

No extra discount with this already discounted price.

7 week sessions

| Session I | Day | Dates | Time |
|------------|-----|---------------|-------------|
| 231309-C | Th | May 10-Jun 21 | 1:45-2:30pm |
| | | | |
| Session II | Day | Dates | Time |

Forever Fit

"It's never too late to start feeling great!"

Macomb Township Recreation Center

"Use it or lose it." Easy to follow exercises for beginners ages 55 & over. This class will help reduce the risks of many age-related conditions such as arthritis, diabetes, obesity, high blood pressure & cholesterol, osteoporosis, heart disease & depression. This class is not interchangeable with any other class.

MTR Fee: \$55.00 NR Fee: \$60.00 (\$10 late fee*) MTRC Members receive \$5.00 discount

| Session I | Days | Dates | Time |
|------------|-------|----------------|--------------|
| 231309-A | Tu/Th | May 8-June 21 | 9:00-10:00am |
| Session II | Days | Dates | Time |
| 231309-В | Tu/Th | July 10-Aug 23 | 9:00-10:00am |

MTPR CANCELLATIONS HOTLINE (586) 992-2909

Aerobic Class Policies

Late Registration Fee – Participants who register after the registration date will be assessed a late fee per class. Mail-in registrations postmarked on or before these dates will not be assessed this fee.

Late Fee: \$10.00 per class Registration Deadline:

Session I: Friday, May 4, 2012 Session II: Friday, July 6, 2012

Late registration fee will be assessed to all registering participants after the above indicated dates.

Participants who are currently registered, who wish to register for an additional card during session for the same priced class, will not be assessed the late fee.

HOW AEROBIC CLASS PUNCH CARDS WORK

Punch cards will be issued to all registered participants in our fitness classes (except Forever Fit & youth classes). Cards will be picked up at the check-in desk during the 1st week of classes and at the front desk after the 1st week. Punch cards are interchangeable with classes listed on the back side of the punch cards. Punch cards must be presented at the front desk for admittance into the building & dropped in the basket prior to entering class to be accounted for. Cards will be punched during class and available for pick-up after class. Must have a punch card to attend class.

Punch Cards Replacement Policy

In the event you lose your Punch Card, a one-time replacement card can be purchased at the rate of \$10.00 with prorated punches taken from the card. **There will be no 2nd replacement cards issued.**

DROP-IN AEROBICS

During non-scheduled aerobic weeks, the Macomb Township Recreation Center will conduct drop-in aerobics classes daily. The fee is \$5.00 per class held, Monday-Saturday. During regular sessions, the drop-in fee is \$10.00 per class.

Swim Suit Fitness Challenge

Macomb Township Recreation Center

Get ready to wear those swimsuits!! Let us get you in your best shape ever. We will have you sweating and shedding those unwanted pounds in no time! Boost your metabolism, lose fat & sculpt your entire body! Please bring mat and weights to class!

MTR Fee: \$31.00 NR Fee: \$36.00 (*Late Fee: \$10) MTRC Members receive \$5.00 discount

| Session I | Day | Dates | Time |
|------------|-----|---------------|-------------|
| 221317-C | Th | May 10-Jun 21 | 8:15-9:15pm |
| Session II | Day | Dates | Time |
| 221317-D | Th | Jul 12-Aug 23 | 8:15-9:15pm |

Zumba

Macomb Township Recreation Center

Zumba Fitness is here! Mixed with dance & fitness moves this latin-inspired fitness class will make you sweat up to 600 calories and you'll be coming back for more! You don't need to know how to dance just how to have fun! Zumba involves a high & low intensity workout with international rhythms & music designed to give you a great time and a great body!

MTR Fee: \$57.00 **NR Fee:** \$62.00 (*\$10 late fee)

MTRC Members receive \$5.00 discount

| Session I | Days | Dates | Time |
|------------|-------------|---------------|-------------|
| 221334-A | Tu | May 8-Jun 19 | 7:00-8:00pm |
| Session II | Days | Dates | Time |
| 221334-C | Tu | Jul 10-Aug 21 | 7:00-8:00pm |

Zumba (Beginners)

Macomb Township Recreation Center

This class is designed for the beginner, the active older adult. It's easy to follow and done at a lower intensity, but just as much fun!

MTR Fee: \$57.00 NR Fee: \$62.00

(\$10 late fee*)

MTRC Members receive \$5.00 discount

| Session I | Days | Dates | Time |
|------------|------|-------------------|--------------|
| 231309-Е | Mo | May 7-Jun 25 | 9:00-10:00am |
| Session II | Days | Dates | Time |
| 231309-F | Mo | Jul 9-Aug 20 | 9:00-10:00am |
| | | (No Class May 28) | |

Please bring your own MATS and RUBBER COATED WEIGHTS to all fitness classes that require them.

Yoga For Weight Loss

Macomb Township Recreation Center

An intermediate yoga class for using slow stretches, muscle control, and flowing sequences to raise heart rate and metabolism. Change the way you use your breath to calm the body and the mind. Obtain flexibility, core strength, muscle endurance, and a more peaceful mind on and off the mat.

MTR Fee: \$57.00 NR Fee: \$62.00 (*\$10 late fee) MTRC Members receive \$5.00 discount

Session I Davs Dates Time May 8-Jun 19 6:00-7:00pm 221306-A Tu 221206-B Fr May 11-Jun 22 9:30-10:30am Session II Days **Dates** Time 221306-C 6:00-7:00pm Jul 10-Aug 21 Tu 221306-D 9:30-10:30am

Jul 13-Aug 24

Yin Yoga

Macomb Township Recreation Center

If you haven't done Yin you're missing the other half of your practice! Yin is mainly seated postures, when held longer (3-5 min) increases flexibility dramatically! You don't have to be flexible. Yin will help open up areas of resistance and stiffness. For all yoga levels.

MTR Fee: \$57.00 **NR Fee:** \$62.00 (*\$10 late fee) MTRC Members receive \$5.00 discount

| Session I 221303-I | Days We | Dates May 9-Jun 20 | Time 7:30-8:30pm |
|-----------------------|-------------------|------------------------------|-------------------------|
| Session II | Days | Dates | Time |
| 221303-J | We | Jul 11-Aug 22 | 7:30-8:30pm |

Fitness Yoga (Now on Sundays)

Macomb Township Recreation Center

Fr

A strong dynamic form of yoga. This type of

class is ideal for increasing flexibility and toning while sculpting and strengthening the muscles. You will leave feeling strong with a calm mind. Great for those who wish to reduce mental and physical stress. Please bring mats to class.



MTR Fee: \$57.00 NR Fee: \$62.00 (*\$10 late fee)

MTRC Members receive \$5.00 discount

| | | , | |
|------------|------|---------------|---------------|
| Session I | Days | Dates | Time |
| 221303-E | Tu | May 8-Jun 19 | 7:15-8:15pm |
| 221303-F | Su | May 13-Jun 24 | 10:00-11:00am |
| Session II | Days | Dates | Time |
| 221303-G | Tu | Jul 10-Aug 21 | 7:15-8:15pm |
| 221303-H | Su | Jul 15-Aug 26 | 10:00-11:00am |

Slow Flow Basic Yoga

Macomb Township Recreation Center

For those new to yoga, or more experienced students who want to revisit the foundation poses. Learn the basics of alignment, postures and mindfulness, linking breath to movement. Slow Flow yoga provides toning and strengthening of the body, developing a flexible spine, clarity, the ability to focus and concentrate and greater self-awareness. Please remember to bring a yoga mat, and be prepared to practice in bare feet. All yoga levels are welcome.

MTR Fee: \$57.00 **NR Fee:** \$62.00 (*\$10 late fee)

MTRC Members receive \$5 00 discount

| MITTO Members receive \$5.00 discount | | | | |
|---------------------------------------|--------------------------------|---|--|--|
| Days | Dates | Time | | |
| Mo | May 7-Jun 25 | 9:30-10:30am | | |
| We | May 9-Jun 20 | 6:15-7:15pm | | |
| | (No Class May 28) | | | |
| Days | Dates | Time | | |
| Mo | Jul 9-Aug 20 | 9:30-10:30am | | |
| We | Jul 11-Aug 22 | 6:15-7:15pm | | |
| | Days Mo We Days Mo | Days Dates Mo May 7-Jun 25 We May 9-Jun 20 (No Class May 28) Days Dates Mo Jul 9-Aug 20 | | |

ADULT FITNESS

Total Body Transformation Training

Macomb Township Recreation Center

Transform your mind and body, boost your metabolism & lose fat in this high energy & challenging workout. We will have you sweating and shedding those unwanted pounds in no time! You'll do cardio with interval and strength training techniques. Please bring mats and weights to class.

MTR Fee: \$62.00 NR Fee: \$67.00 (\$10 late fee*)
One Day/Week Fee: \$31.00 NR Fee: \$36.00
MTRC Members receive \$5.00 discount

| Session I 221326-A 221326-B | Days Mo/We One Day | Dates May 7-Jun 25 (No Class May 28) | Time 7:45-8:45pm |
|------------------------------------|---------------------------------|--------------------------------------|----------------------------|
| Session II 221326-C 221326-D | Days Mo/We One Day | Dates Jul 9-Aug 22 | Time 7:45-8:45pm |

Turbo Jam (Cardio Kickboxing)

Macomb Township Recreation Center

Get ready for this ultimate cardio, kickboxing and body-sculpting workout! Kick, jab & sweat your way through this class! Boxing moves with drills to keep the sweat flying, the heart pumping and the energy growing! Please bring mat and weights.



MTR Fee: \$31.00 NR Fee: \$36.00 MTRC Members receive \$5.00 discount

| Session I | Days | Dates | Time |
|------------------------|-------------------|-------------------------------|-----------------------------|
| 221301-A | Th | May 10-Jun 21 | 9:45-10:45am |
| 221301-B | Th | May 10-Jun 21 | 7:00-8:00pm |
| | | | |
| Session II | Days | Dates | Time |
| Session II 221301-C | Days Th | Dates Jul 12-Aug 23 | Time 9:45-10:45am |

Complete Body Toning

Macomb Township Recreation Center

This non-impact, toning and shaping class utilizes light weights. It's motivating and sure to tone every square inch of your body. Build bone density, increase your metabolism & create more lean muscle. Great for all fitness levels. Please bring mats & weights to class.

MTR Fee: \$31.00 NR Fee: \$36.00 MTRC Members receive \$5.00 discount

| Session I | Days | Dates | Time |
|------------|-------------|---------------|---------------|
| 221302-A | Th | May 10-Jun 21 | 10:15-11:15am |
| Session II | Days | Dates | Time |
| 221302-B | Th | Jul 12-Aug 23 | 10:15-11:15am |

Please bring your own <u>MATS</u> and <u>RUBBER COATED</u> <u>WEIGHTS</u> to all fitness classes that require them.

Interval Training

(Cardio & Weights Combo)

Macomb Township Recreation Center

Burn fat with a cardio & weight training workout that alternates segments of cardio with segments of weight training. This class will get your heart pumping and your muscles screaming! Simple, yet challenging moves that will maximize your calorie burning, by raising and lowering your heart rate. Please bring mats and weights to class.

MTR Fee: \$62.00 NR Fee: \$67.00 (\$10 late fee*)
One Day/Week Fee: \$31.00 NR Fee: \$36.00
MTRC Members receive \$5.00 discount

| Session I 221314-A 221314-B | Days Mo/We One Day | Dates May 7-Jun 25 | Time 9:30-10:30am |
|-----------------------------------|---------------------------------|------------------------------|-----------------------------|
| | | (No Class May 28) | |
| Session II | Days | Dates | Time |
| 221314-C | Mo/We | Jul 9-Aug 22 | 9:00-10:00am |
| 221314-D | One Day | | |

Circuit Blast!

(Kids can go to "Kid Fitness" while you take this class, see page 34)

Macomb Township Recreation Center

Jump from station to station for an intense calorie burning and strength training workout! We'll use medicine balls, bosus; bands; bar bells and more. You will leave sweating, and shedding those unwanted pounds. Get maximum results with this class! All fitness levels welcome! Please bring mats to class.

MTR Fee: \$31.00 NR Fee: \$36.00 (*Late Fee: \$10) MTRC Members receive \$5.00 discount

| Session I | Days | Dates | Time |
|------------------------|-------------------|-------------------------------|-----------------------------|
| 221328-A | Tu | May 8-Jun 19 | 9:00-10:00am |
| 221328-B | Tu | May 8-Jun 19 | 7:30-8:30pm |
| | | | |
| Session II | Days | Dates | Time |
| Session II 221328-C | Days Tu | Dates Jul 10-Aug 21 | Time 9:00-10:00am |

MTPR CANCELLATIONS HOTLINE

(586) 992-2909

Please bring your own <u>MATS</u> and <u>RUBBER COATED</u> <u>WEIGHTS</u> to all fitness classes that require them.

Super Saturday Cardio Fusion

Macomb Township Recreation Center

Get ready for this ultimate cardio & body-sculpting workout! It's time to tighten and tone every inch of your body with this fat blasting workout! Please bring mat and weights.

One-day per week class:

MTR Fee: \$31.00 NR Fee: \$36.00 (\$10 late fee*)

MTRC Members receive \$5.00 discount

| Session I | Days | Dates | Time |
|------------|------|---------------|--------------|
| 221305-A | Sa | May 12-Jun 23 | 9:00-10:00am |
| 0! !! | _ | | |
| Session II | Days | Dates | Time |

Cardio Mix

Macomb Township Recreation Center

An challenging workout with a mixture of cardio, kickboxing, interval training, and total body-sculpting! You will get maximum results with this class! Please bring mats and weights to class.

MTR Fee: \$62.00 NR Fee: \$67.00 (\$10 late fee*)
One Day/Week Fee: \$31.00 NR Fee: \$36.00
MTRC Members receive \$5.00 discount

| Session I | Days | Dates | Time 6:30-7:30pm |
|------------|-------------|-------------------|-------------------------|
| 221313-A | Mo/We | May 7-Jun 25 | |
| 221313-B | One Day | | |
| | | (No Class May 28) | |
| Session II | Days | Dates | Time 6:30-7:30pm |
| 221313-C | Mo/We | Jul 9-Aug 22 | |

Barré

Macomb Township Recreation Center

Barré – It's here, Pilates meets Ballet! This workout serves up toning exercises for the entire body. Sculpt your arms, abs, legs and derrière with relevés, pliés and a whole lot of attitude. No tutus or dance experience required.

221313-D One Day



MTR Fee: \$57.00 NR Fee: \$62.00

MTRC Members receive \$5 discount

| Session I | Days | Dates | Time |
|------------|------|---------------|---------------|
| 221320-A | Tu | May 8-Jun 19 | 10:45-11:45am |
| Session II | Days | Dates | Time |
| 221320-C | Tu | Jul 10-Aug 21 | 10:45-11:45am |

Boot Camp!!! AM & PM !!

Macomb Township Recreation Center

Get in the best shape of your life with this high energy challenging total body workout! Give it your all, and you will burn between 400-800 calories per workout. We incorporate strength/core training, cardio, plyometrics, body weight exercises, and speed and agility. We'll use medicine balls, agility ladders, bosus; bands; bar bells and more. You'll get leaner and stronger as you shed the fat and build muscle. This class is challenging! Geared for people who want real results real fast! Please bring mat and weights to class.

MTR Fee: \$105.00 NR Fee: \$110.00

One Day Only: MTR Fee: \$55.00 NR Fee: \$60.00

MTRC Members receive \$5 discount

| Session I | Days | Dates | Time |
|-----------|---------|--------------|--------------|
| 221317-Е | Mo/We | May 7-Jun 25 | 9:30-10:30am |
| 221317-F | Mo/We | May 7-Jun 25 | 6:30-7:30pm |
| 221317-G | One Day | - | |

(No Class May 28)

| Session II | Days | Dates | Time |
|------------|---------|--------------|--------------|
| 221317-Н | Mo/We | Jul 9-Aug 22 | 9:30-10:30am |
| 221317-I | Mo/We | Jul 9-Aug 22 | 6:30-7:30pm |
| 221317-J | One Day | - | · |

Beginners Boot Camp!

Macomb Township Recreation Center

Same description as Boot Camp: Modifications will be made for every fitness level!

MTR Fee: \$105.00 NR Fee: \$110.00

One Day Only: MTR Fee: \$55.00 NR Fee: \$60.00

MTRC Members receive \$5 discount

 Session I
 Days
 Dates
 Time

 221317-K
 Mo/We
 May 7-Jun 25
 7:30-8:30pm

 221317-KK
 One Day

(No Class May 28)

 Session II
 Days
 Dates
 Time

 221317-L
 Mo/We
 Jul 9-Aug 22
 7:30-8:30pm

 221317-LL
 One Day

Strike. Punch & Crunch

(Heavy Bag Fitness)

Macomb Township Recreation Center

A boxing workout that combines proper boxing techniques with an interval based cardiovascular workout. Learn the basics while burning calories! No previous experience necessary. Gloves recommended for striking the heavy bag.

One-day per week class:

MTR Fee: \$31.00 NR Fee: \$36.00 (\$10 late fee*)

MTRC Members receive \$5.00 discount

| Session I | Days | Dates | Time |
|------------|-------------|---------------|--------------|
| 221317-M | Sa | May 12-Jun 23 | 9:30-10:30am |
| Session II | Days | Dates | Time |
| 221317-N | Sa | Jul 14-Aug 25 | 9:30-10:30am |

ADULT FITNESS

MTRC BEFORE & AFTER SPOTLIGHT

Sean Salter, Macomb Township Resident





Before

Aftei

Sean Salter has been a member of the Recreation Center for over 6 years. At the age of 18 Sean decided to "get fit". He started by running or just kept moving for 30 minutes a day. He also changed his diet and ate healthier foods. Now, at 20 years old, Sean has lost over 115 lbs. He's successfully maintained his weight loss by continuously exercising and eating healthy!

Relaxation, Meditation & More!

Macomb Township Recreation Center

Live life calmly. People who learn to relax, gain clarity and tend to be more productive. You will learn the steps involved with quieting the mind, while reducing stress, anxiety, and pain, both physical and emotional. Relaxation lowers blood pressure, increases oxygen and blood flow, aids in digestion, stimulates production of natural hormones, such as serotonin, which improves your quality of health and mood. Practicing relaxation is proven to strengthen your immune system. Meditation helps you to recognize and grasp opportunities, opens intuition and sparks creativity. Meditation and relaxation are the primary keys to limitless possibilities.

One-day per week class: (4 weeks)
MTR Fee: \$36.00 NR Fee: \$41.00
MTRC Members receive \$5.00 discount

Instructor: Susi Walter

Class size: Minimum 5, Maximum 15

| Session I | Days | Dates | Time 6:30-8:00pm |
|-------------|-------------|--------------|-------------------------|
| 241512-A | Tu | Jun 5-Jun 26 | |
| Session II | Days | Dates | Time 6:30-8:00pm |
| 241512-B | We | Jul 11-Aug 1 | |
| Session III | Days | Dates | Time 6:30-8:00pm |
| 241512-C | Th | Aug 9-Aug 30 | |

SUMMER & TRIAL MEMBERSHIPS DO NOT QUALIFY FOR MEMBERSHIP DISCOUNT

Hanson's Running Shop

Beginner Running/Walking Clinic

Macomb Corners Park

An introductory class that teaches beginner runner or walker basic training tips and injury prevention. This class is great for anyone considering a 'Couch Potato to 5k' training program or for anyone wanting to mix in jogging or walking into their workout routine.

One-day class:

MTR Fee: \$5.00 NR Fee: \$10.00 (\$10 late fee*)

MTRC Members receive \$5.00 discount

 Session
 Day
 Date
 Time

 221317-0
 Sa
 Apr 21
 8:30-9:30am

5K Training (Running Club)

Macomb Corners Park (weather permitting)

A running program for non-runners and walkers (no experience needed.) Shed body fat, gain energy and lose weight!! Designed to take a beginner runner/walker and train you to actually participate and finish a 5K (3.1 miles) You will be given a run/walk assignment to follow during the week and run as a group every Saturday. We will gradually increase your endurance and fitness level. Our final day concludes with the running of the Team Angels/St. John Hospital 5K Breast Cancer walk/run on June 3rd at Stoney Creek at 10:00am. Ages 11 and up (under 15 yrs. old must be accompanied by an adult). Participant is responsible for registration and entry fee of race).

One-day per week class:

MTR Fee: \$25.00 NR Fee: \$30.00 (\$10 late fee*)

MTRC Members receive \$5.00 discount

SessionDayDatesTime221317-PSaApr 21-Jun 29:30am

5K Breast Cancer Walk/Run

Team Angels and Maria Marino's Fitness Pros with St. John Providence Health System is hosting their 4nd Annual Pink and Blue United for a Cure 5K walk/run. The event begins and ends at Stony Creek Metro Park (Bay Point) on Sunday, June 3rd.

Net proceeds from the event will benefit breast cancer patients in our community who come for healing at the Van Elslander Cancer Center at St. John Providence Health System. So get ready to get those bodies moving for a good cause!!

Registration: 9:00am Walk/Run: 10:00am

- One Mile Survivor walk for Cancer Survivors! A t-shirt will be provided. Register by May 17 and receive a free t-shirt.
- The sign up fee for the walk/run is \$25 in advance and \$30 the day of the event.

Sponsorship Opportunities are available for \$200. For more info. call (313) 647-3100.

DONATE/VOLUNTEER: Contact Maria Marino www.stjohn.org/VanElslander/pinkandbluewalk

PERSONAL TRAINERS AND TRAINING PROGRAMS

MEET YOUR PERSONAL TRAINERS

MARIA MARINO has developed programs for the community



over the past 26 years. Because of the excellent results of improved health, increased energy, muscle, and metabolism along with weight loss achieved by all of her committed clients, Maria has been coordinating the MTRC fitness programs for over 11 years. She believes that exercise is a way of life! Let Maria show you how to live a heathy lifestyle!!

LISA CIPRIANO is not only a personal trainer but she has been



teaching our very popular boot camp class here at the Recreation Center. Her classes emphasize total body conditioning, core training, speed and agility. Every class is different, but guaranteed to hit every part of your body. If you're looking for that personal touch, Lisa can give you that one on one boot camp challenge you've been looking for!

KEVIN KLINE served 25 years with the Clinton Township Police



Department. He served a portion of his career as a Training Coordinator where he developed innovative training programs to meet the needs of not only his Officers but his Department. Kevin feels by combining resistance training programs with cardiovascular exercises tailored to fit the needs of his clients, he can bring about a positive change in helping anyone achieve a healthier lifestyle.

MTPR CANCELLATIONS HOTLINE

(586) 992-2909

Personal Training (1-2 People)

Private & Semi-Private Personal Training with our Certified and Highly Knowledgeable Trainers.

Members / Residents:

| 1 | Hour Private Lesson | \$5 | 0.00 per hi | r. |
|---|----------------------|------------|-------------|----|
| 1 | Hour Semi-Private (2 | Person)\$7 | '0.00 per h | r. |

Non-Residents:

| 1 | Hour | Private Lesson | \$70.00 | per hr. |
|---|------|-----------------|----------------|---------|
| 1 | Hour | Semi-Private (2 | Person)\$90.00 | per hr. |

Multiple Training package plans are available.

For further information and to sign-up for personal training, please call or visit the Front Desk.

- Payment for personal training must be made at the front desk upon arrival.
- 24 hr. advanced notification is required for cancellations or to reschedule.
- All personal training sessions are non-refundable.

Personal Training, Small Group

(3-6 people)

Train with friends, family, neighbors or co-workers!

Start your own group or join a group. We offer small group training for 3 to 6 participants. Small group personal training offers you the benefits of having your own trainer... at a fraction of the cost of private training. And perhaps best of all — It's FUN!! Let a personal trainer lead you through a challenging, full body weight workout that will get you in the best shape of your life!!! Please contact Personal Trainer Maria Marino to set up your appointments! Morning and evening appointments available!!

3-6 People — Must sign up as a group.

Class Cost: \$120 per person
6 weeks, one day per week

Personal Training Class (7-10 People)

Class consists of participants who registered individually and are grouped together into this small class. Maria Marino, certified personal trainer, will lead you through an intense fitness program designed to put you in the best shape of your life. This high energy workout will have you sweating, losing fat, increasing muscle and shedding those unwanted pounds in no time! Guaranteed to boost your metabolism! You'll be surrounded by people just like you, who want to make dramatic changes in their physical and mental wellbeing.

MTR Fee: \$90.00 NR Fee: \$95.00 (*\$10 late fee)

MTRC Members receive \$5.00 discount
Session I Days Dates

Session I Davs Dates Time 221317-A Fr May 11-Jun 22 9:30-10:30am Session II Days Dates Time 221317-B Fr Jul 13-Aug 24 9:30-10:30am

ADULT DANCE / VOLLEYBALL / SOFTBALL

Adult Dance Classes

Macomb Township Recreation Center

WEDDING DANCES

Learn to dance for the most important day of your life! We'll teach you how to waltz, turn, and dip. You'll look like pros on your wedding day. Also, great for father and daughter dances!



Men should wear dress shoes and women should wear heels or shoes comparable to those that they are wearing for the wedding dance.

Minimum- 4 couples, Maximum- 12 couples

One-day class:

MTR Fee: \$45.00 NR Fee: \$50.00 Per Couple MTRC Members receive \$5.00 discount

| Session I | Days | Date | Time |
|------------|-------------|-------------|-------------|
| 211204-A | Fr | May 18 | 7:00-8:30pm |
| Session II | Days | Date | Time |
| 211204-B | Fr | Jul 27 | 7:00-8:30pm |

BALLROOM SAMPLER

A four week session that will introduce a new style of dance each week. Sample styles include Waltz, Foxtrot, Tango, Salsa and more!

Men should wear dress shoes and women should wear heels.

Minimum- 4 couples, Maximum- 20 couples

One-day a week class:

MTR Fee: \$65.00 NR Fee: \$70.00 per couple MTRC Members receive \$5.00 discount

| Session I 211204-C | Days Fr | Date Jun 1-Jun 22 | Time 7:00-8:30pm |
|-----------------------|-------------------|-----------------------------|----------------------------|
| Session II | Days | Date | Time |
| 211204-D | Fr | Jul 20-Aug 10 | 7:00-8:30pm |

Adult Sand Volleyball

Co-ed 6x6 Leagues (Ages 18 & up) Macomb Corners Park – 25 Mile Rd

Tuesday Evenings Jun 12-Aug 7 (8 Games) Reg No. 222501-A (No League July 3th)

Wednesday Evenings Jun 13-Aug 8 (8 Games) Reg No. 222501-B (No League July 4th)

Team Entry Fee: \$150.00

NR Fee: \$10.00 (per non-resident)



Sign up today for our recreation sand volleyball leagues held at Macomb Corners Park. The league features a 6 person coed team, consisting of three males and three females. Players must be at least 18 years of age and older to play on a team. Teams may carry up to 12 players. Teams are responsible for abiding by league rules — **there are no referees**. The league will consist of 8 league games and a tournament at the conclusion of league play. Game times will be scheduled alternating between 6:30pm and 7:30pm. If needed, rain make-up dates will be decided by the Parks and Recreation Department. Registration materials are available at the recreation center.

All teams need to register by Friday, June 1st

Mandatory manager's meeting, Thursday, June 7th, 7:00pm at the recreation center.

CREATING COMMUNITY THROUGH PEOPLE, PARKS AND PROGRAMS

Adult Softball Leagues

USSSA Men's & Co-ed Leagues (Ages 18 & up)
Macomb Corners Park

All leagues play on Sunday evenings.

Team rosters can contain up to 20 players. Each league will play 10 league games (20 for DH) and a post season tournament. USSSA rules unless otherwise noted. Matching uniforms with numbers are highly recommended. Managers' meetings will be held at the Macomb Township Recreation Center.

Game Times: 5:00, 6:10, 7:20 and 8:30pm

Team Fee: \$600 (\$100 deposit due upon registration) **Doubleheader Team Fee:** \$950 (\$200 deposit due) Final Balance is due at mandatory managers meeting.

NR Fee: \$10 per non-resident player

Umpire Fees: \$15 cash per game to the umpire

Contact Person: Gina Muszynski (586) 992-2900 ext. 2907

SUMMER SOFTBALL LEAGUES

Starts: April 29

Managers Meeting: April 22, 2012

at 6:00pm



| Session I | League | Start Date | Times |
|-----------|--------------------|------------------|-------|
| 122902-A | Men's | Apr 29 | 5-9pm |
| 122902-B | Men's Doubleheader | Apr 29 | 5-9pm |
| 122902-C | Co-ed | Apr 29 | 5-9pm |
| | () | No Games July 1) | • |

FALL SOFTBALL LEAGUES

Starts: July 29

Managers Meeting: July 25, 2012 at 6:00pm

| Session II | League | Starting Date | Time |
|------------|--------------------|---------------|-------|
| 222902-A | Men's | Jul 29 | 5-9pm |
| 222902-B | Men's Doubleheader | Jul 29 | 5-9pm |
| 222902-C | Coed | Jul 29 | 5-9pm |

Wolcott Mills Golf Clinics

Wolcott Mills Golf Course 21690 27 Mile Rd, Ray Twp. MI

The golf clinics are directed towards ALL levels of golf.

Paul J. Moran PDA Professional of 25 yrs. will be teaching the golf clinics.

All clinics will be held at Wolcott Mill Golf Course.



Golf balls not included, clubs are available

Cost: \$60 per clinic (Juniors 5-17) Class size: Minimum 5, Maximum 10

| unior | |
|-------|--|
| | |
| | |
| | |

| Session | Days | Dates | Time |
|----------|------|--------------|---------------|
| 241105-A | Sa | May 5-26 | 10:00-11:00am |
| 241105-B | Sa | Jun 2-23 | 10:00-11:00am |
| 241105-C | We | Jun 6-27 | 10:00-11:00am |
| 241105-D | We | Jul 11-Aug 1 | 10:00-11:00am |
| 241105-E | We | Aug 8-29 | 10:00-11:00am |

REGISTRATION DEADLINE 1 week prior to start date!

Couples Golf Scramble

Friday Afternoon League Macomb/Shelby Adult Couples

Cracklewood Golf Club

9 Hole Golf League - 8 weeks

Couples are invited to "team up" and play in this Friday evening golf program. This eight week scramble league is open to golfers ages 21 and older of all skill levels. Sign-up as a couple and golf with a different couple



each week or sign-up as two couples, (4 people), and play golf in the same foursome every week. Tee times will be scheduled/vary between 4:45pm-6:00pm.

Maximum of 20 couples (40 golfers)

Powered golf cart fee is \$6 per person, payable directly to the golf course.

Starts Friday, May 4 Registration No. 222404-A

MTR Fee: \$170.00 per golfer NR Fee: \$175.00 per golfer

MTPR CANCELLATIONS HOTLINE (586) 992-2909

ARCHERY CLASSES

Macomb Corners Park 25 Mile Road (east of Luchtman Road)

BEGINNING ARCHERY – (AGES 8+)

This class offers instruction in the basics of archery skills, including instruction on safety, equipment identification, and proper form. All equipment provided. In a basic class students will shoot targets at a range of 5 to 10 yds.



Minimum 5 / Maximum 20 students.

MTR Fee: \$60.00 NR Fee: \$65.00

5 week course

| Session I | Days | Dates | Time |
|-----------|------|---------------|-------------|
| 215421-A | Fr | May 25 Jun 22 | 5:30-7:00pm |
| 215421-B | Fr | Jul 13-Aug.10 | 5:30-7:00pm |
| 215421-C | Fr | Aug 17-Sep 28 | 5:30-7:00pm |

(No class 8/31 & 9/7 due to archery tournaments)

INTERMEDIATE ARCHERY - (AGES 8+)

This class is for participants who have taken Beginning Archery or have some experience. This class offers advanced instruction in form and technique to improve accuracy. Course includes instruction on how to use a target sight. All equipment is provided. Archers may use their own equipment provided it passes a safety inspection by the instructor. Intermediate class students will shoot targets at a range of 15 to 20yds (No crossbows, broadheads)

MTR Fee: \$60.00 NR Fee: \$65.00

5 week course

| Session I | Days | Dates | Time |
|-----------|------|---------------|-------------|
| 215421-G | We | May 23-Jun 20 | 5:30-7:00pm |
| 215421-H | We | Jul 11-Aug 8 | 5:30-7:00pm |
| 215421-I | We | Aug 15-Sep 12 | 5:30-7:00pm |

BEGINNING ARCHERY- ADULT (AGES 18+)

This class offers instruction in the basics of archery skills, including instruction on safety, equipment identification, and proper form. All equipment provided. In a basic class students will shoot targets at a range of 5 to 10 yds. Minimum 5 / Maximum 20 students

MTR Fee: \$60.00 NR Fee: \$65.00

5 week course

| Days | Dates | Time |
|------|---------------|-------------------------------------|
| Th | May 24-Jun 21 | 5:30-7:00pm |
| Th | Jul 12-Aug 9 | 5:30-7:00pm |
| Th | Aug 16-Sep 13 | 5:30-7:00pm |
| | Th Th | Th May 24-Jun 21 Th Jul 12-Aug 9 |

Spring and Summer Tennis Schedule

Serving up the best programs!!!

Mae Stecker Park

8600 24 Mile Road, Shelby Township (Located on the south side of 24 Mile Rd., east of Van Dyke)

Director of Tennis Program – Bill McGarry, is a certified tennis professional through the USPTA and has over 25 years of teaching experience. He played collegiately at the University of Michigan and is the Boys Varsity Tennis Coach at Dakota High School.

Please bring racquet and water to class.

MSP = Mae Stecker Park



Pee Wee (4 - 7yrs)

Forehand, backhand, volley, overhead, and serve will all be introduced which will aid in developing gross motor skills. Children will be grouped by ability level. Our philosophy is to challenge the student through the use of movement, distance, and speed while not limiting the student.

No class 5/28.

| Session | Days | Dates | Time | MTR Fees | NR Fees | Location |
|----------|-------|--------------------------|---------------|----------|---------|----------|
| 211107-A | Tu/Th | May 8-Jun 14 (6 weeks) | 5:00-6:00pm | \$180 | \$185 | MSP |
| 211107-B | Sa | May 12-Jun 16 (6 weeks) | 10:00-11:00am | \$90 | \$95 | MSP |
| 211107-C | Sa | Jun 23-Aug 25 (10 weeks) | 10:00-11:00am | \$150 | \$155 | MSP |
| 211107-D | Tu/Th | Jun 19-Jul 12 (4 weeks) | 5:30-6:30pm | \$120 | \$125 | MSP |
| 211107-E | Tu/Th | Jul 17-Aug 9 (4 weeks) | 5:30-6:30pm | \$120 | \$125 | MSP |
| 211107-F | Tu/Th | Aug 14-Aug 30 (3 weeks) | 5:30-6:30pm | \$90 | \$95 | MSP |

Youth Beginner/Adv. Beg. (8 – 15yrs)

All basic strokes will be taught with emphasis on correct grips and form to produce the muscle memory required to progress rapidly. Drop feeds and rallying will begin at this level as well as competitive contests and games.

| Session | Days | Dates | Time | MTR Fees | NR Fees | Location |
|----------|-------|--------------------------|---------------|----------|---------|----------|
| 211108-A | Tu/Th | May 8-Jun 14 (6 weeks) | 6:00-7:30pm | \$260 | \$265 | MSP |
| 211108-B | Sa | May 12-Jun 16 (6 weeks) | 11:00-12:30pm | \$135 | \$140 | MSP |
| 211108-C | Sa | Jun 23-Aug 25 (10 weeks) | 11:00-12:30pm | \$225 | \$230 | MSP |
| 211108-D | Tu/Th | Jun 19-Jul 12 (4 weeks) | 6:30-8:00pm | \$180 | \$185 | MSP |
| 211108-E | Tu/Th | Jul 17-Aug 9 (4 weeks) | 6:30-8:00pm | \$180 | \$185 | MSP |
| 211108-F | Tu/Th | Aug 14-Aug 30 (3 weeks) | 6:30-8:00pm | \$135 | \$140 | MSP |

Academy (9yrs and up)

Intermediate level and above only

The academy tennis program is designed to help students improve at a rapid rate. It is appropriate for players planning on trying out for high school teams and for tournament players. In the camp, focus on all strokes, the use of spin, strategies appropriate for both singles and doubles play, competitive games and fitness. Come train with many of Macomb county's finest.

| Session | Days | Dates | Time | MTR Fees | NR Fees | Location |
|----------|------|-------------------------|-------------|----------|---------|----------|
| 211108-G | Sa | May 12-Jun 16 (6 weeks) | 1:30-4:30pm | \$240 | \$245 | MSP |

Adult Beginner & Intermediate (15yrs and up)

All basic strokes will be taught with emphasis on correct grips and form to produce the muscle memory required to progress rapidly. Competitive games and singles and doubles strategy will be included.

| Session | Days | Dates | Time | MTR Fees | NR Fees | Location |
|----------|-------|--------------------------|--------------|----------|---------|----------|
| 221109-A | Tu/Th | May 8-Jun 14 (6 weeks) | 7:30-8:30pm | \$180 | \$185 | MSP |
| 221109-B | Sa | May 12-Jun 16 (6 weeks) | 8:30-10:00am | \$135 | \$140 | MSP |
| 221109-C | Sa | Jun 23-Aug 25 (10 weeks) | 8:30-10:00am | \$225 | \$230 | MSP |



NFL Youth Flag Football

It's Registration Time!

It's time to sign-up for Flag Football. Boys and girls ages 5-6, 7-8, 9-11 will play on Saturday mornings this fall. Practices dates, times and locations will be set by each individual team



coach. All games will played at Macomb Corners Park.

All players will receive a team jersey and a flag belt. All players are required to provide their own mouth guard and wear it at practices and games.

 $\label{lem:Game Dates TBA: From September to October.}$

Game schedule will be provided prior to game 1.

Registration must be in person only!

Registration is first come first serve for the first 120 in each age group. Birth certificate must be shown at registration to confirm age. If openings still exist after the "Residents Only" signup, then Non-Resident players will have an opportunity to sign up at a later date.

Macomb Township Resident sign-up:

Monday, July 16, 2012, from 6:00-7:30pm Tuesday, July 17, 2012, from 8:00am-7:30pm Wednesday, July 18, 2012, from 8:00am-7:30pm

Non-Macomb Township Resident sign-up:

Thursday, July 19, 2012, from 8:00am-7:30pm Friday, July 20, 2012, from 8:00am-7:30pm

 MTR Fee:
 \$50.00
 NR Fee:
 \$55.00

 312102-A
 Ages 5-6

 312102-B
 Ages 7-8

 312102-C
 Ages 9-11

Please follow these guidelines to register for the NFL Youth Flag Program.

Age of participant is determined as of September 1, 2012. Due to the size of league and scheduling all special requests for playing on the same team cannot be accommodated except for siblings. Teams will be divided based on school zoning.

NFL Jerseys

Sizes must be included at time of registration. Jerseys cannot be returned or exchanged to the NFL. Refer to the Jersey Chart below.



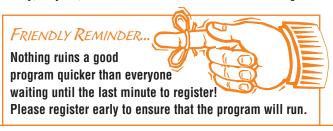
We Are Looking for Volunteer Youth Flag Football Coaches

Volunteer coaches are needed for this program. Applications and coaches information will be available at registration, and any parents/volunteers should pick-up a volunteer application when registering their child for the program. All prospective volunteer coaches must fill out a background check authorization.



Volunteers will serve in the dual role as coach/referee. Interested candidates should be enthusiastic, positive, and agree to the NFL Youth Coaches guidelines, including promoting safety, 'fun'damental instruction, good sportsmanship, and skill development. All coaches must agree to provide an equal opportunity for playing time for all children, regardless of skill level.

All volunteer applications must be completed and returned by Friday, July 20, 2012 to the Recreation Center to be eligible.





2012 FREE BASEBALL SKILLS CONTEST

Hosted at: Macomb Corners Park / Baseball Fields

Saturday, May 5

Event Check-In:

Between 11:30am-12:00pm.
All players must register on-site
Event starts at 12:00pm

Registration No. 212901-A

Age Divisions: 7/8, 9/10, 11/12, 13/14 Boys and girls will compete separately.

A birth certificate is required at the time of registration.

PLEASE GO TO OUR WEBSITE FOR A COMPLETE DESCRIPTION OF THIS EVENT!

Thanks to Macomb Township Little League Board & Clinton-Macomb Girl's Fast Pitch League and volunteers for all of their assistance with this event!

Michigan Section 529 College Savings Programs

Macomb Township Recreation Center

Hosted by Michigan Schools and Government Credit Union AND Presented by the Michigan Department of Treasury

FREE EVENT

Thursday, June 14, 2012 6:30pm-7:30pm Registration No. 244700-C

Registration Deadline: Monday, June 11 Class Size: Minimum 10, Maximum 60

Michigan Education Trust (MET) is Michigan's Section 529 prepaid tuition program that locks future tuition at any of the State's public universities and colleges, at today's rates. Michigan Education Savings Program (MESP) is Michigan's direct sold Section 529 college savings plan. Both programs offer Michigan taxpayers a Michigan income tax deduction on contributions and potential tax-free growth on any earnings if account proceeds are used to pay for qualified expenses.



"Bump Up Your Skills"

Macomb Township Recreation Center

Beginner Clinic (5th – 8th Grade)

This camp is designed to be an introduction to the sport of volleyball. All positions will be introduced and the campers will learn basic skills. All the aspects of the game are developed in a series of drills and exercises focusing on passing, setting, hitting, and serving. This camp will prepare the players for competitive volleyball play, and they will come away with game experience.

Each camper will receive a t-shirt on the last day.

MTR Fee: \$90.00 NR Fee: \$95.00 MTRC Members: receive \$5.00 discount

Camp Size: Minimum 8 Maximum 24

 Session
 Days
 Dates
 Time

 222501-C
 Mo-Fr
 Jul 23-27
 9:00a-12:00p

Challenger British Soccer Camp

July 23-27

Macomb Corners Park

The #1 soccer camp in the USA and Canada is coming back to Macomb Township this summer! 120,000 kids will be coached by Challenger's top British coaches! Challenger has become the best camp in North America by combining consistently



high quality, age specific soccer instruction, along with equally important elements of character, cultural, and nutritional education. Campers will participate each day in the ever popular World Cup! Each player receives a FREE soccer ball, t-shirt, camp gift and camp evaluation. Come sharpen your skills with us this summer, sign up TODAY!

FREE JERSEY OFFER IF REGISTERED BY JULY 2nd (\$6.99 Shipping & Handling fee)

Each camp runs 5 days per week MON thru FRI

Instructor: Challenger British Soccer Coaches Class size: Minimum 20, Maximum 200

| Session | Camp Type/Age | Cost | Time |
|----------|-------------------|-------|---------------|
| 215100-A | First Kicks (3-4) | \$75 | 9:00-10:00am |
| 215100-B | MiniSoccer (5-6) | \$88 | 10:10-11:40am |
| 215100-C | Half Day (6-9) | \$110 | 9:00a-12:00p |
| 215100-D | Half Day (10-14) | \$110 | 1:00-4:00pm |
| 215100-E | Full Day (11-18) | \$175 | 9:00am-4:00pm |
| 215100-F | Half Day (6-9) | \$50 | 1:00-3:00pm |

NON RESIDENTS PLEASE ADD \$5 TO THE ABOVE PRICES.

Special Needs Wrestling

Macomb Township Recreation Center

Ages 8-18

The of this goal program is to offer the opportunity for success while learning the rules. skills and basic fundamentals οf wrestling, preparing the special needs athlete to



have the ability to compete on a Special Olympics team. The athletes will learn the basic skills of wrestling as an individual as well as developing discipline and strength.

7 weeks

Instructor: Jerry Glenn Smith

MTR Fee: \$55.00 NR Fee: \$60.00 MTRC Members receive \$5.00 discount Class size: Minimum 8, Maximum 15

Session Days **Dates** Time 244700-B Tu Jun 12-Jul 31 6:00-8:00pm

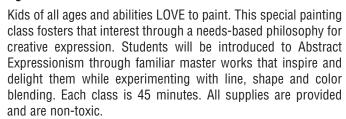
(No Class July 3)

KALEIDOSCOPE

Dynamic Art Classes for Children Macomb Township Recreation Center



For Kids with Special Abilities Ages 8-12



MTR Fee: \$50.00 NR Fee: \$55.00 Materials fee due first day: \$10.00

Session Dates Time Davs 211513-A Tu Jul 10-24 12:00-12:45pm

Macomb County Adaptive Recreation Resources

Warren Parks & Recreation - (586) 268-8400 Sterling Heights Parks & Recreation - (586) 446-2708 **Clinton Twp Parks & Recreation – (586) 286-9336** Roseville Parks & Recreation - (586) 445-5480

Kids In The Kitchen

Ages 5-12

Macomb Township Recreation Center

Come join Ms. Sue as we create and learn the basics for cooking good and healthy food. We will start with



breakfast and end with dinner that you can share and make for your family. Learn confidence in the kitchen as you become Young Budding Chefs. We can't forget a gourmet dessert that you will want to make again. Don't worry all of your recipes will go home with you. Creative Chef's sometimes can get a little messy in the kitchen so make sure you wear play clothes. This class will be Monday thru Thursday.

\$10.00 Materials Fee due at 1st class. MTR Fee: \$30.00 NR Fee: \$35.00 MTRC Members receive \$5.00 discount

Instructor: Ms. Susan Barg

Class size: Minimum 5, Maximum 12

Session Dav Dates Time 224600-G Mo-Th Jul 16-19 10-11:30am

Future Firefighters & Junior Deputies Camp

Ages 5-7

Marvin Blank Senior Center 19925 23 Mile Road (one mile east of Romeo Plank Road, behind Fire Station)



Registration No. 215300-B Monday - Friday, July 30 - August 3 9am-12noon

MTR Fee: \$45 NR Fee: \$50

Class Size: Minimum 10, maximum 25

Attention all future firefighters and junior deputies . . . this camp is for you! Macomb Township Parks & Recreation, the Macomb Township Fire Department and the Macomb County Sheriff's Department are all teaming up for this exciting camp! Learn fire safety, bike safety, seat belt safety, and more. See fire engines and patrol cars up close and discover how they work. There will be safety-related activities and crafts daily. Campers are welcome to bring a sack lunch to help wrap up the day's exciting events.

Campers registered by Mon., July 9th receive a free t-shirt.

The last day of camp will be held from 10:30am-12:00noon at Fire Station 4, 16820 25 Mile (between Romeo Plank & Garfield) where there will be a graduation ceremony for all the future firefighters and junior deputies.

Space Camp

Ages 7-12

Macomb Township Recreation Center

"Shoot for the Moon!" Let your imagination SOAR in this SPACE SCIENCE camp. Ignite the flames of passion and use your senses as your



child participates in this "hands-on" interactive astronomy camp. This is an introduction to astronomy including the stars, NASA, the solar system, galaxies, rocketry, and space exploration. Want to become an Astronaut? See what they do! Students will work with and learn from a teacher who has written science experiments that have flown on Space Shuttle Missions. They will problem solve, research, learn, laugh and launch a chemically charged rocket! Students will see and hold REAL MOON ROCKS AND METEORITES! These moon rocks are from the Apollo Missions. Work with guest astronomers. Be invited to telescope viewing sessions. Learn about telescopes. This session will meet Monday through Friday from 10:00-11:30am. Every day is an "out of this world experience!" You will experience the thrill of learning from a National Presidential Science Teacher Award Recipient and local science teacher, Dr. Heidi von Oetinger-Reed. Attend this space science session and you will surely end up a SUPER STAR!

T-shirts are given to campers that register before July 7th.

MTR Fee: \$80.00 NR Fee: \$85.00 MTRC Members receive \$5.00 discount

Instructor: Dr. Heidi M. von Oetinger-Reed, Ed. D.

Class size: Minimum 10, Maximum 25

 Session I
 Days
 Dates
 Time

 224600-C
 Mo-Fr
 Jul 23-27
 10:00-11:30am

American Girl Celebration Camp

Ages 5-12

Macomb Township Recreation Center

Come join Ms. Sue as we enjoy the summer with our American Girl Doll Collection. We will be



creating a breakfast that was popular during the Great Depression as we start in the 1940's with Molly and Kit and end up in the present with Chrissa and Kanani. Learn the value of positive self-esteem as we create beautiful jewelry for our American Girl Dolls and ourselves. Our last class will be a picnic outside, just one of the fun activities the American Girl has always enjoyed.

\$10.00 Materials Fee due at 1st class.
MTR Fee: \$30.00 NR Fee: \$35.00
MTRC Members receive \$5.00 discount

Instructor: Ms. Susan Barg

Class size: Minimum 5, Maximum 12

 Session
 Days
 Dates
 Time

 224600-D
 Mo-Th
 Jul 9-12
 10:00-11:30am

Rock and Roll Robots Camp

Ages 8-10

Macomb Township Recreation Center

Create robots that rock and robots that roll using the LEGO® WeDo Robotics System! Your robots will include a monkey who plays



a drum to a rock n' roll beat, a lion that roars and a bird that flaps its wings to create big wind. This course builds knowledge of simple machines, engineering, programming and teamwork in an environment full of rockin' fun! Parents are welcome to drop in to view student creations.

This class will meet 5 sessions (1 week)
MTR Fee: \$100.00 NR Fee: \$105.00
MTRC Members receive \$5.00 discount

Class size: Minimum 10, Maximum 12

 Session
 Days
 Dates
 Time

 224600-B
 Mo-Fr
 Jun 18-22
 10:00a-12:00p

Lego Elementary Engineering Camp Ages 9-12

Macomb Township Recreation Center

NOTE: No computers are used in this class.

This exciting hands-on engineering class combines LEGO™ Education and LEGO™ Technic materials to explore motorized simple machines by building realistic models. Student teams creatively solve challenges using concepts learned in class.

This class will meet 5 sessions (1 week)
MTR Fee: \$100.00 NR Fee: \$105.00
MTRC Members receive \$5.00 discount

Class size: Minimum 10, Maximum 12

 Session
 Days
 Dates
 Time

 224600-A
 Mo-Fr
 Jul 16-20
 10:00a-12:00p

MACOMB TOWNSHIP PARKS &
RECREATION RESERVES THE
RIGHTS TO USE ALL
PHOTOGRAPHS TAKEN AT
COMMUNITY EVENTS FOR
PUBLICATIONS AND/OR
PROMOTIONAL PURPOSES.

KINDERMUSIK PROGRAM

Macomb Township Recreation Center

Instructor: Tammy Stone

Class Sizes: Minimum 5, Maximum 13

Kindermusik Village

Children ages newborn-18 months with parent or caregiver

Delivers a variety of music, building strong neural networks in a baby's forming mind, through an array of styles, sounds, and genres. Age-appropriate experiences with child-safe instruments enhance a sense of rhythm and steady beat, develops a keen awareness of the distinguishing qualities of sound, and encourages spontaneity and creativity. A classroom full of baby and adult pairs dancing together helps a little body develop the muscle strength needed to crawl and walk and helps a little heart to fall in love with the sheer joy of responding to music. Village is for lap babies, crawlers, and walkers. It incorporates the most current research on early childhood development and provides families a special place for learning and connecting with other parents and babies through music and movement.

Material Fee: \$39.00 (payable to instructor, 1st day of class)

MTR Fee: \$44.00 NR Fee: \$49.00 MTRC Members receive \$5.00 discount

One-day per week class, five weeks

 Session I
 Days
 Dates
 Time

 211516-A
 Sa
 Jun 23-Jul 28
 11:30a-12:15p

One Week Camp

 Session II
 Days
 Dates
 Time

 211516-B
 Mo-Fr
 Aug 6-10
 11:30a-12:15p

Kindermusik ABC Music & Me I

Children ages 2-4 with a parent or caregiver

Macomb Township Recreation Center

This fun and educational class focuses on your child's complete development as confidence, curiosity, self-control, communication and physical and emotional skills begin to take shape. Language development is fostered with singing, sound imitation, rhyming and object identification. Imaginative body movement to different musical "moods" develops their sense of balance, timing and spatial awareness while affirming their urge to move. The anticipation and rewards of listening are introduced, and with turntaking activities, social skills begin to blossom, all while providing the safety of training wheels for the bicycle of pre-school!

Material Fee: \$25.00 (payable to instructor, 1st day of class)

MTR Fee: \$44.00 NR Fee: \$49.00 MTRC Members receive \$5.00 discount

One-day per week class, five weeks

 Session I
 Days
 Dates
 Time

 211516-C
 Sa
 Jun 23-Jul 28
 10:30-11:15am

One Week Camp

 Session II
 Days
 Dates
 Time

 211516-D
 Mo-Fr
 Aug 6-10
 10:30-11:15am

Little Yogis

Macomb Township Recreation Center

Children ages ages 3-10

Here's a safe, fun, challenging, and healthful activity that benefits all children-even big ones like you! Children will delight in this yoga class while laughing, playing, dancing and singing with yoga poses which will strengthen their growing bodies, stretch their muscles, and improve their balance and coordination. You don't even have to tell them it's good for them!

Parent or Caregiver participation is welcome.

MTR Fee: \$50.00 NR Fee: \$55.00 MTRC Members receive \$5.00 discount

Instructor: Tammy Stone

Class Size Minimum 5, Maximum 13

One-day per week class, five weeks

 Session I
 Days
 Dates
 Time

 224600-E
 We
 Jun 20-Jul 25
 2:00-2:45pm

One week Camp

Session II Days Dates Time 224600-F Mo-Fr Aug 6-Aug 10 2:00-2:45pm

So You Want To Be An Actor

Actors Camp (Ages 5-17 years)

Marvin Blank Senior Center 19925 23 Mile Rd. (one mile east of Romeo Plk Rd)

Registration No. 211501-A

6 – 2-hour sessions & Performance June 11, 13, 15, 18, 20, & 22 — 4:30-6:30pm Special Performance June 23rd at 6:30pm

MTR Fee: \$115.00 pp NR Fee: \$120.00 pp

Class Size: Minimum 12, maximum 25

This summer, campers will explore the world of acting through improvisational and theater games. The class will meet 6 times for 2 hours each, with a performance to be held on Saturday June 23rd at 6:30 pm. Drama helps develop conversational and social skills. This camp will help your camper learn to think on their feet, express ideas and thinking skills. Campers will practice lines to perform a short play. Director: Debby Ryle

Each participant will receive a trophy, certificate and t-shirt. Refreshments will be provided.

MTPR CANCELLATIONS HOTLINE

(586) 992-2909

Young Rembrandts

KALEIDOSCOPE

Dynamic Art Classes for Children

Macomb Township Recreation Center

Kaleidoscope art classes focus on inspiring projects that allow the student to thoroughly explore the media, practicing new techniques, art history, learning from master works and cultures, and aesthetics that encompass the principles of art and design. All materials are provided by the teacher.

Class size: Minimum 6, Maximum 20

Tempera Painting (4 days)

Summer Art Camp Ages 5-12

Students will become Abstract Expressionists when they immerse themselves into a world of color. We will look at and discuss famous artists and great works from Van Gogh, Matisse, O'Keeffe and Picasso that utilized modern colors and techniques. Each class presents new explorations. All supplies are provided and are always non-toxic.

MTR Fee: \$64.00 NR Fee: \$69.00 MTRC Members receive \$5.00 discount Materials Fee due first class: \$12

Ages 5-8

| Session 211513-D 211513-E Ages 6-12 | Days Tu-Fr Tu-Fr | Dates Jun 19-22 Aug 20-24 | Time 10:00-11:00am 10:00-11:00am |
|--|-------------------------------|--|---|
| Session | Days | Dates | Time |
| 211513-F | Tu-Fr | Jun 19-22 | 11:00a-12:00p |
| 211513-G | Tu-Fr | Aug 20-24 | 11:00a-12:00p |

Weaving (3 weeks)

Ages: 6-12

This ancient art can be traced back to virtually every culture worldwide. Students will be delighted with their decorative weavings as they learn about the colorful Central American fiber arts. We will create a circular loom from a paper plate and yarn, and then enhance our looms with patterns using markers and colored pencil. All supplies are provided and always non-toxic.

MTR Fee: \$50.00 NR Fee: \$55.00 Materials fee due first class: \$10.00 Session Days Dates

 Session
 Days
 Dates
 Time

 211513-C
 Tu
 Jul 10-24
 11:05a-12:00p

Collograph Printmaking (3 weeks)

Ages: 6-12

Each week we will explore this unique printmaking process, inspired by your favorite park critters and creatures! Students will be introduced to a different way to develop images in the visual arts by producing a series of prints from one original. We will discuss line, shape, texture and form. All supplies are provided and always non-toxic.

MTR Fee: \$50.00 NR Fee: \$55.00 Materials fee due first class: \$10.00

 Session
 Days
 Dates
 Time

 211513-B
 Tu
 Jul 10-24
 10:00-11:00am

YOUNG REMBRANDTS

Art Classes & Camps

Macomb Township Recreation Center

Young Rembrandts' drawing classes are fun, engaging and educational. The students

drawing skills will develop as they apply a variety of art concepts and techniques to a new drawing each week.

Class size: Minimum 6, Maximum 20

Preschool Drawing

(6 Weeks) - Ages: 3½ -5

Each week we'll draw something new. We will talk about the subject we are drawing, as we learn to draw it together. We'll concentrate on drawing and coloring, while working on developing fine motor skills, focus, listening, staying on task, spatial organization and patience. Classes are 45min. All materials provided...Smiling Faces Guaranteed!

MTR Fee: \$65.00 NR Fee: \$70.00 MTRC Members receive \$5.00 discount

| Session | Days | Dates | Time |
|----------|------|-------------------|--------------|
| 211515-A | Mo | May 14-Jun 25 | 6:00-6:45pm |
| | | (No Class May 28) | |
| 211515-B | Mo | Jul 9-Aug 13 | 9:30-10:15am |

Drawing (New drawings this summer!)

(6 Weeks) – Ages: 6-12

Let's get ready to draw amazing things together! Join Young Rembrandts as we use our artistic abilities to draw a new subject each week, ranging from animals, landscapes, still life, to even art history. You don't have to be a great artist to have fun in this class! Young Rembrandts will help you learn the fundamentals of drawing that will last a lifetime. Classes are 60 minutes. Pencils, markers, Sharpies TM, and color pencils will be used.

MTR Fee: \$65.00 NR Fee: \$70.00 MTRC Members receive \$5.00 discount

| Session | Days | Dates | Time |
|----------|------|---------------|---------------|
| 211515-C | Th | May 17-Jun 21 | 6:00-7:00pm |
| 211515-D | Mo | Jul 9-Aug 13 | 10:30-11:30am |

Summer Art Camp (Drawings change each year)

(4 days) Ages: 7-12

This is the MOST POPULAR Young Rembrandts camp. Students will be exposed to many different media all in one camp! We will emphasize drawing skills while using markers, learn cartooning techniques, and practice pastel techniques.

MTR Fee: \$72.00 NR Fee: \$77.00 MTRC Members receive \$5.00 discount

| Session | Days | Dates | Time |
|----------|-------|-----------|--------------|
| 211515-E | Tu-Fr | Jul 10-13 | 9:00-10:30am |

SUMMER & TRIAL MEMBERSHIPS DO NOT QUALIFY FOR MEMBERSHIP DISCOUNT

Red Cross BabySitting Training Course

Macomb Township Recreation Center

This very popular 2-day course, taught by Sgt Adam Munro of Macomb Twp. Fire Department, will give 11-15 year olds the knowledge, skills, and confidence to care for infants and schoolage children. Combining video, activities, hands-on skills training and discussion for the most complete experience. Participants will learn how to: perform first aid & get professional medical help fast, identify common safety hazards & prevent injuries, make good responsible decisions and perform basic care routines like diapering, feeding and dressing. Please bring a baby doll and a snack along with you!

Fee Includes: American Red Cross Certification/card & Babysitter's Training Handbook, valued at \$25.00.

Max: 18

MTR Fee: \$50.00 NR Fee: \$55.00 MTRC Members Receive \$5.00 discount

| 2-day class | Days | Dates | Time |
|-------------|-------|-------------|---------------|
| 241512-D | Th/Fr | Jun 21 & 22 | 12noon-4:00pm |
| 241512-E | Th/Fr | Jul 19 & 20 | 12noon-4:00pm |

Meditation for Teens

Macomb Township Recreation Center

Are you stressed out? Simple meditation techniques can help you gain control of your emotions and keep your moods in balance. You will learn to become more in tune with your feelings which will enable you to recognize and release those emotions that aren't serving your well-being. Through regular meditative practice, you will be able relax at will. Meditation can assist you in dealing with difficult people, peer pressure, studying, taking tests, reaching goals and reducing anxiety in stressful situations. Over time, it can improve your health, self-esteem and confidence. Meditation is a great way to find inner peace when the world outside isn't always so peaceful.

One-day per week class: (2 weeks)
MTR Fee: \$20.00 NR Fee: \$25.00
MTRC Members receive \$5.00 discount

Instructor: Susi Walter

Class size: Minimum 5, Maximum 15

| Session I 241512-I | Days We | Dates Jun 20 & 27 | Time 6:30-8:00pm |
|-----------------------|-------------------|--------------------------|-------------------------|
| Session II | Days | Dates | Time |
| 241512-J | Th | Jul 19 & 26 | 6:30-8:00pm |
| Session III | Days | Dates | Time |
| 241512-K | Tu | Aug 7 & 14 | 6:30-8:00pm |

CALLING ALL TEENS!

Macomb Township Recreation Center

Macomb Township Parks & Recreation is looking into the possibility of starting a **Teen Advisory Council**. We will be having a meeting on Thursday, May 24th at 6pm, to determine interest. Please call Gina or Michelle for more information. (586) 992-2900 ext 2907 / 2908.

Fit Kids

Fitness for Mom & Fun for Me (same time as Circuit Blast - Page 21)

Let your kids get the exercise they need at the same time you get yours!!

Hey Mom, join Cardio Blast & bring me to Fit Kids! This program is for boys & girls, ages 7-10 looking to have fun! Daily activities include, obstacle courses, hoola hoops, tag, relay races and many more fun fitness games. You'll get the exercise you need, meet friends and have fun!!

MTR Fee: \$31.00 NR Fee: \$36.00 (\$10 late fee*)

MTRC Members receive \$5.00 discount

 Session I
 Days
 Dates
 Time

 221308-A
 Tu
 July 10-Aug 21
 9:00-10:00am

Youth Checking and Lending Seminar

Macomb Twp Recreation Center

Presented by Michigan Schools and Government Credit Union

FREE EVENT

credit card use.

Thursday, July 26, 2012 6:30pm-7:30pm Registration No. 244700-D

Registration Deadline: Monday, July 23



Class Size: Minimum 10, Maximum 60

Does your teen know how to handle his or her finances in the real world? We invite you both to join us for an educational seminar on the proper usage of checking and lending products. This seminar is geared toward teens aged 16 to 17. We will walk you through the process of balancing a checkbook and cover the pitfalls of ATM and

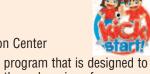
MTPR CANCELLATIONS HOTLINE

(586) 992-2909

KickStart!

Toddler Soccer

Macomb Township Recreation Center



KickStart! is a toddler soccer program that is designed to get your child moving and active through various fun games and physical activities. Basic fundamentals will be introduced as we develop large motor skills, balance, agility, and social skills along the way. This class is the perfect primer to ANY organized sport. Bring your child to participate in this fun, noncompetitive atmosphere where standing still is NOT an option!

KickStart! Director Jeff Hodgson has years of experience training athletes from toddler to pro. As the founder and president of the Michigan Gators FC and FC Nova soccer clubs, Jeff is dedicated to developing premier athletes of all ages. Hodgson is a former professional player for the Detroit Rockers, and is the current women's head soccer coach at Madonna University. Jeff holds a degree in Physical Education from Western Michigan University.

One-day per week class:

MTR Fee: \$69.00 NR Fee: \$74.00 MTRC Members receive \$5.00 discount



Class size: Minimum 5, Maximum 10

Rookies (24 months to 3 years old)

Simple motor skills are stressed using a variety of games and props in a non-competitive atmosphere. Toddlers are given time to develop at their own pace in each activity. Parental involvement IS REQUIRED.

| Session I | Day | Dates | Time |
|------------------------|------------------|-------------------------------|------------------------------|
| 211113-A | Tu | May 15-Jun 19 | 11:00-11:45am |
| 211113-B | We | May 16-Jun 20 | 11:00-11:45am |
| | | | |
| Session II | Day | Dates | Time |
| Session II 211113-C | Day Tu | Dates Jul 17-Aug 21 | Time 11:00-11:45am |

Pros (3-4 years old)

Balance, movement, & coordination take a front seat here as well as following simple directions. The fundamentals of basic ball control are introduced here. Parental involvement is encouraged.

| Session I | Day | Dates | Time |
|------------------------|------------------|-------------------------------|---------------------------|
| 211113-E | Tu | May 15-Jun 19 | 12:00-12:45pm |
| 211113-F | We | May 16-Jun 20 | 12:00-12:45pm |
| | | | |
| Session II | Day | Dates | Time |
| Session II 211113-G | Day Tu | Dates Jul 17-Aug 21 | Time 12:00-12:45pm |

All Stars (4-5 years old)

Advanced skill development games are the focus: Dribbling, changing directions, etc. Children will learn to work as a group as we introduce small-sided games (2v2, 3v3).

| Session I | Day | Dates | Time |
|------------------------|------------------|-------------------------------|----------------------------|
| 211113-I | Tu | May 15-Jun 19 | 1:00-1:45pm |
| 211113-J | We | May 16-Jun 20 | 1:00-1:45pm |
| | | | |
| Session II | Day | Dates | Time |
| Session II 211113-K | Day Tu | Dates Jul 17-Aug 21 | Time 1:00-1:45pm |

Tumble With Me!

Macomb Township Recreation Center

Come tumble with Ms. Joy! Tumble with Me! is a fun-filled program using gymnastics-based skills designed to build self-confidence, balance and flexibility through practice of tumbling skills, rhythm games and lots of fun group activities! Ms. Joy has a wonderful collection of mats to tumble on along with a spring board, trampoline and bar to learn the basics of gymnastics.

Ms. Joy is a charismatic instructor who has a degree in Communications and over 13 years of gymnastics coaching experience.

One-day per week class:

MTR Fee: \$65.00 NR Fee: \$70.00 MTRC Members receive \$5.00 discount

Class size: Minimum 3, Maximum 7

JOEYS (Adult with 18 months to 3 years old)

Joeys is an adult/child participation class. Each child will practice gymnastics-based skills designed to build

self-confidence, balance and strength. Some skills practiced are jumping, forward rolls, swinging on a bar, walking on the beam along with rhythm and simple games. Sharing and group play are also emphasized.

Great grandparent/grandchild activity!

| Session I | Day | Dates | Time |
|----------------|-----------|---------------|---------------|
| 211103-A | Tu | May 15-Jun 19 | 11:30-12:10pm |
| 211103-B | Tu | May 15-Jun 19 | 5:30-6:10pm |
| 211103-C | We | May 16-Jun 20 | 11:30-12:10Pm |
| 211103-D | Th | May 17-Jun 21 | 10:30-11:10am |
| 211103-E | Th | May 17-Jun 21 | 6:30-7:10pm |
| Session II | Day | Dates | Time |
| 211103-F | Tu | Jul 10-Aug 21 | 11:30-12:10pm |
| 211103-G | Tu | Jul 10-Aug 21 | 5:30-6:10pm |
| 211103-H | We | Jul 11-Aug 22 | 11:30-12:10pm |
| 211103-I | Th | Jul 12-Aug 23 | 10:30-11:10am |
| 211103-J | Th | Jul 12-Aug 23 | 6:30-7:10pm |
| *No class Augi | ust 14-16 | | |

LITTLE MONKEYS (3-5 years old)

Little Monkeys is a tumbling-based class. Some skills practiced are forward rolls, donkey kicks, jumping and tabletops, cartwheels, handstand and simple bar stunts along with rhythm and simple game playing.

Each high energy and fun-filled class is designed to build self confidence, strength and group play skills.

| Session I | Day | Dates | Time |
|----------------|-----------|---------------|----------------|
| 211103-K | Tu | May 15-Jun 19 | 10:30-11:10am |
| 211103-L | Tu | May 15-Jun 19 | 6:30-7:10pm |
| 211103-M | We | May 16-Jun 20 | 10:30-11:10am |
| 211103-N | Th | May 17-Jun 21 | 11:30-12:10pm |
| 211103-0 | T | May 17-Jun 21 | 5:30-6:10pm |
| Session II | Day | Dates | Time |
| 211103-P | Tu | Jul 10-Aug 21 | 10:30-11:10Am |
| 211103-Q | Tu | Jul 10-Aug 21 | 6:30- 7:10Pm |
| 211103-R | We | Jul 11-Aug 22 | 10:30- 11:10Am |
| 211103-S | Th | Jul 12-Aug 23 | 11:30-12:10Pm |
| 211103-T | Th | Jul 12-Aug 23 | 5:30- 6:10Pm |
| *No class Augu | ıst 14-16 | | |

CHILDREN'S DANCE CLASSES

(Ages 18 months – 12 years)

Macomb Township Recreation Center

Session I – May 12- June 23 (6 Weeks) Session II – July 17- Aug 23 (6 Weeks)

Class Size: Minimum 4, Maximum 12 (except Zumbatomic)

One-day per week class:

MTR Fee: \$55.00 NR Fee: \$60.00 MTRC Members receive \$5.00 discount

Dance shoes may be purchased at Payless stores or Lucy & Ethels at Canal and Hayes.

Ballet

Ballet is the core of all dance and teaches proper technique and body placement. Students are introduced to classic ballet with a mix of contemporary to achieve a very fulfilling ballet experience.

Dress Code - Leotard and tights. Pink leather Ballet shoes. Please no satin slippers!!

| Session | Days | Dates | Time | Ages |
|----------|------|---------------|---------------|------|
| 211202-A | Tu | May 15-Jun 19 | 11:00-11:30am | 4-5 |
| 211202-B | Th | May 17-Jun 21 | 5:30-6:00pm | 4-5 |
| 211202-C | Tu | Jul 17-Aug 21 | 4:30-5:00pm | 4-5 |
| 211202-D | Tu | Jul 17-Aug 21 | 7:00-7:30pm | 6-9 |



Creative Movement

Students are introduced to a class environment with introductory steps from Ballet, Tap and Jazz. They also use music and props to work on motor skills and rhythm. Child does not need to be potty trained but should be able to handle a class setting without a parent. Recommended for $2\frac{1}{2}$ to 4 year olds.

Dress Code - Leotard and tights. White leather Ballet shoes. Please no satin slippers!!

| Session | Days | Dates | Time | Ages |
|----------|------|---------------|---------------|------|
| 211210-A | Tu | May 15-Jun 19 | 10:30-10:30am | 2-4 |
| 211210-B | Th | May 17-Jun 21 | 5:00-5:30pm | 2-4 |
| 211210-C | Tu | Jul 17-Aug 21 | 10:30-11:00am | 2-4 |
| 211210-D | Tu | Jul 17-Aug 21 | 5:30-6:00pm | 2-3 |
| 211210-E | Tu | Jul 17-Aug 21 | 6:00-6:30pm | 3-4 |
| 211210-F | Th | Jul 19-Aug 23 | 5:30-6:00pm | 3-4 |

Hip-Hop

Hip-Hop is a form of "street dance" that encompasses all parts of the body. This class combines the latest dance and funk moves as well as age appropriate "MTV" style dancing, with current music for a fun dance class experience! For ages 4-5 it also incorporates fundamental motor skills and some creative movement.

Dress Code - Jazz pants, tank tops, capris and shorts are acceptable. Clean Gym/Tennis shoes.

| Session | Days | Dates | Time | Ages |
|----------|------|---------------|-------------|------|
| 211209-A | Tu | May 15-Jun 19 | 7:30-8:00pm | 6-8 |
| 211209-B | Tu | May 15-Jun 19 | 8:00-8:30pm | 9-12 |
| 211209-C | Th | May 17-Jun 21 | 6:30-7:00pm | 4-5 |
| 211209-D | Tu | Jul 17-Aug 21 | 6:30-7:00pm | 6-8 |
| 211209-E | Th | Jul 19-Aug 23 | 5:00-5:30pm | 4-5 |
| 211209-F | Th | Jul 19-Aug 23 | 6:00-6:30pm | 9-12 |



Jazz/Poms

This class introduces beginning steps of Jazz with sharp cheerleading arm movements to combine dancing with poms.

Dress Code - Leotards, tights, Jazz pants, tank tops, t-shirts, capris and shorts are acceptable. Black tie Jazz shoes.

| Session | Days | Dates | Time | Ages |
|----------|------|---------------|-------------|------|
| 211203-A | Tu | Jul 17-Aug 21 | 5:00-5:30pm | 4-5 |
| 211203-B | Th | Jul 19-Aug 21 | 6:30-7:00pm | 6-9 |

Mommy & Me

Mommy and Me is the perfect class for the smallest dancer where mother and child can bond and dance together. It introduces the child to a class setting with stretching, beginning motor skills, song, dance and props.

Dress Code - Comfortable clothing that allows for easy movement. Tennis shoes.

| Session | Days | Dates | Time | Ages |
|----------|-------------|---------------|-------------|------------------------------|
| 211211-A | Tu | May 15-Jun 19 | 10-10:30am | 18 mths- |
| 211211-B | Tu | Jul 17-Aug 21 | 10-10:30am | 2 yrs. 18 mths- 2 yrs. |

SUMMER & TRIAL MEMBERSHIPS DO NOT QUALIFY FOR MEMBERSHIP DISCOUNT

YOUTH DANCE / MUSIC

CHILDREN'S DANCE CLASSES (cont'd)

(Ages 18 months - 12 years)

Macomb Township Recreation Center

Class Size: Minimum 4, Maximum 12 (except Zumbatomic)

One-day per week class:

MTR Fee: \$55.00 NR Fee: \$60.00 MTRC Members receive \$5.00 discount

Cheerleading

This class introduces cheers, chants, jumps, beginning stunts and arm movements.

Dress Code - Jazz pants, tank tops, t-shirts, capris and shorts are acceptable. Clean Gym/Tennis shoes.

| Session Days | Dates | Time | Ages |
|--------------------|---------------|-------------|------|
| 211104-A Th | May 17-Jun 21 | 7:30-8:00pm | 5-9 |
| 211104-B Th | Jul 19-Aug 23 | 7:00-7:30pm | 5-9 |

NEW!! Zumbatomic

Zumbatomic® classes are high-energy fitness parties that offer real results with a certified Zumba instructor. Packed with specially choreographed routines and the latest music, like hip-hop, reggaeton and cumbia, Zumbatomic classes increase focus and self-confidence, boost metabolism and improve coordination. Zumbatomic classes make getting fit a fun experience! (No class May 26 for Memorial Day.)

Dress Code - Jazz pants, tank tops, t-shirts, capris and shorts are acceptable. Clean Gym/Tennis shoes.

Class Size: Minimum 8, Maximum 20

| Session | Days | Dates | Time | Ages |
|----------|------|---------------|---------------|------|
| 211206-A | Sa | May 12-Jun 23 | 12:15-1:00pm | 5-12 |
| 211206-B | We | Jul 18-Aug 22 | 4:00-4:45pm | 5-12 |
| 211206-C | Th | Jul 19-Aug 23 | 11:00-11:45am | 5-12 |

Princess Dance Camp

Your little princess will be emerged in an enchanted wonderland for four days. She will make princess crafts, learn princess dances, dress-up, and more!

MTR Fee: \$75.00 NR Fee: \$80.00 MTRC Members receive \$5.00 discount

4 Day Camp, July 23-26 10:00am-12:00pm Registration No. 211201-A Ages 4-7

12:00pm Parents pick-up

Sample Day:

10:00am Introduce the Princess of the Day (ex:
Cinderella) with a story, description, and circle
warm-up. Learn a dance routine to princess
music

11:00am Craft time (ex: make princess crowns)

11:30am Dress-up and games

Youth Beginner Piano

Evola Music Center

12745 23 Mile Rd. (between Schoenherr & M-53

Expressway) Shelby Twp., MI 48315

This six week introductory class is a great way for children to discover what it is like to play the piano. Students will benefit by using our "Piano Lab System" which will help them to focus on learning the



basics of playing the piano in a fun group setting. Rental instruments are available.

Six Week Class - One-day per week class

Material Fee: \$7.50 (one-time fee to the nstructor)

MTR Fee: \$72.00 NR Fee: \$77.00

Instructor: Jorja Ropp Class size: Maximum 18

| Session I | Day | Date | Time |
|-----------|-----|---------|----------------|
| 241710-A | Mo | June 18 | 10:15-11:00am |
| 241710-B | Mo | June 18 | 7:15-8:00pm |
| 241710-C | Tu | June 19 | 10:15 -11:00am |
| 241710-D | Tu | June 19 | 7:15-8:00pm |
| 241710-E | We | June 20 | 10:15-11:00am |

Group Voice: Learn To Sing!

Evola Music Center

12745 23 Mile Rd. (between Schoenherr & M-53 Expressway) Shelby Twp., MI 48315

Are you the next "American Idol"? Come and find out. Learn the fundamentals of good vocal technique. This music program requires no previous musical knowledge.

Ages 6 – 14 years

Five Week Class - One-day per week class

Material Fee: \$21.00 (one-time fee to the instructor)

MTR Fee: \$60.00 NR Fee: \$65.00 Instructor: Dr. Jessica Thomas

Class size: Maximum 17

 Session I
 Days
 Dates
 Time

 241710-F
 We
 Jun 20-Jul 25
 6:00-6:30pm

(No Class July 4)

LOCAL YOUTH ATHLETIC PROGRAMS

Macomb Township Parks and Recreation Department is not affiliated with these Parent-run organizations. All inquiries regarding information must be made directly to the organization.

| or garnzation. | |
|--------------------------------|----------------|
| Macomb Township Little League | (586) 615-5545 |
| | www.mtllb.com |
| A.Y.S.O. Soccer | (586) 739-9797 |
| Clinton-Macomb Girls Fastpitch | (586) 263-1862 |
| | www.cvasl.ora |

Macomb Mustangs Footballwww.macombmustangs.com

HOW DO I REGISTER FOR A PROGRAM?

RESIDENT REGISTRATION

ONI INF

Macomb Township Residents may begin registering for Spring/Summer Programs *ONLINE*, Monday, April 30, 2012 at 6:00am.

RESIDENT REGISTRATION

Walk-In & Mail-In

Macomb Township Residents Walk-In and Mail-In registrations will be processed beginning Monday, April 30, 2012 at 12:00pm.

If you have mailed your registration and the class is full, you will be notified.

OPEN REGISTRATION

Open Registration begins Thursday, May 3, 2012 at 6:00am. Registrations will be taken daily up until one hour prior to the facility closing.

WE ACCEPT CASH, CHECK AND CREDIT CARD PAYMENTS (VISA AND MASTERCARD). A driver's license will be required for ALL transactions.

Swim Lessons Registration is available online. See pages 12-15 for Swim Lesson Registration information & additional Aquatic Programs.

CONFIRMATION RECEIPT

If you want a written confirmation receipt mailed to you please include a self addressed stamped envelope with your registration form and payment.

PRO-RATE REGISTRATION FEES

Fees cannot be prorated due to late registration or partial attendance.

CANCELLATIONS

Macomb Township Parks & Recreation reserves the right to cancel a program due to a lack of enrollment or circumstances arising out of its control. If a program is cancelled all registrants will be notified and a full refund of registration fees will be processed.

RESIDENT DISCOUNT

Macomb Township residents receive a discount on many program registration fees due to their support of the parks and recreation program through a special assessment millage.

WE ACCEPT CASH AND CHECK PAYMENTS. VISA AND MasterCard payments accepted at the Front Desk or Online ONLY.

REFUND POLICY

CLASS REFUNDS

Unless noted in a class description or other published material, customer-initiated refunds will be honored through the first class meeting. If the refund is requested as a household credit, which can be used toward future activities, the entire amount will be credited. If the original payment method was by check, a refund will not be processed until two weeks have passed from the date when the check was originally presented for payment. Refund checks will be mailed within 4 weeks. If the original payment method was by credit card, the refund will be processed as a credit back to the card. All customer-initiated refunds will incur a \$5.00 processing fee.

Macomb Township Parks & Recreation reserves the right to cancel a program due to a lack of enrollment or circumstances arising out of its control. If a program is cancelled all registrants will be notified and a full refund of registration fees will be processed.

TRIP REFUNDS

No refunds on 1-day trips and extended travel unless a replacement is found.

SPECIAL EVENTS REFUNDS

There are no refunds on special events

MACOMB TOWNSHIP PARKS &
RECREATION RESERVES THE
RIGHT TO USE ALL
PHOTOGRAPHS TAKEN AT
COMMUNITY EVENTS FOR
PUBLICATIONS AND/OR
PROMOTIONAL PURPOSES.

MTPR PROGRAM REGISTRATION FORM SPRING/SUMMER 2012

Register by mail or in person: Parks & Recreation Office 20699 Macomb Street • Macomb, MI 48042 (Off Broughton Road, south of 25 Mile Road)

| Family Name (List parent's name if participant is | s under 18 years of ag | ge.) | | Fir | st Name | | | | |
|--|--|--|----------------------------|----------------------------|---|-----------------------------------|---------------------------------|--------------------------------------|-----------------------------|
| Address | | | Cit | City Zip | | | | | |
| Home Phone () _ | | | | Wo | ork Phone (|) | | | |
| Email Address | | | Me | Staff | | | | | |
| Emergency Phone (|) | | | Em | nergency Contact | Name(s) _ | | | |
| Participant's Name (Last/First) | Birthdate (mm/dd/yy) | M/F | Acti Nai | | Activity Number | Days | Times | Resident Fee | Non-Res. Fee |
| | | | | | - | | | | |
| | | | | | _ | | | | |
| | | | | | _ | | | | |
| | | | | | _ | | | | |
| | | | | | _ | | | | |
| *Children age 4 and over must | have a membershi | p to rece | ive discou | ınt. | SI | JBTOTAL \$ | <u> </u> | | |
| T-SHIRT ORDER YS (youth small) 6-8 | AS (adult : | , | ١ | | HOUSEHOLD | | | | |
| YM (youth medium) 10- | | | , | | | TOTAL \$ | s | | |
| YL (youth large) 14-16 | AXL (adult | t extra la | rge) | | | | | der payable | |
| Special Needs: | | | | | "Macomb Tow Please include the d | • | | | |
| Macomb Township Release A | Agreement - In cons | ideration | of being p | ermitted to | participate in the town | ship activity o | r use of any fa | acilities in conr | nection with |
| 1. The undersigned hereby rel "releasees") from all liabilit on account of injury to the undersigned is participating | eases, waives, disch y to the undersigned person or property | arges and I his or he of the und | er personal dersigned v | representa whether cau | atives, assigns, heirs, ar used by any negligent a | nd next of kin oct or omission | for any loss, o | lamage, or clai | m therefore |
| The undersigned hereby ag attorney fees (including atto caused by any negligent act | rees to indemnify a orney fees to establis | nd hold h sh the rele | armless theasee's rigl | ne releases nt to indem | from all liability, claims | s, demands, c | auses of actio from involvem | n, charges, exp ent in this activ | penses, and vity whether |
| The undersigned hereby as: the activity or using any fac | | | | | | | | property or par | ticipating in |
| The undersigned expressly ag as permitted by Michigan law | | | | | | | | | |
| l acknowledge that I have rea Township or its employees, aç no oral representations; stater | gents, or officers if I | am injure | ed or dama | | | | | | |
| If the participants are minors guardian or custodial parent o the foregoing agreement. | | | | | | | | | |
| Signature | | | Pr | int Nam | e | | | Date | |
| Office Use Only Staff | Initials | Pai | d by che | eck # | Paid by o | ash | Paid h | v Credit Ca | ırd |

MACOMB TOWNSHIP PARKS & RECREATION

20699 Macomb Street, Macomb, MI 48042

Presorted Standard
U.S. Postage
PAID
Mt. Clemens, MI
Permit No. 148

ECR WSS RESIDENTIAL POSTAL CUSTOMER



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PARKS & RECREATION

Creating Community Through People, Parks & Programs

Salvatore A. DiCaro, Jr. Parks & Recreation Director

Jason D. Spiller
Facility Supervisor

Permelia G. Gross
Aquatics Supervisor

Telephone (586) 992-2900 **Fax** (586) 992-2999

Contact us at: parks-rec@macomb-mi.gov



MACOMB TOWNSHIP OFFICE PHONE NUMBERS

| Building Department | (586) 992-0710, ext. 1 | Finance Office | (586) 992-0710, ext. 7 |
|---------------------------------|------------------------|------------------------------|------------------------|
| Parks & Recreation Department . | (586) 992-2900 | Supervisor's Office | (586) 992-0710, ext. 8 |
| Assessing Department | (586) 992-0710, ext. 3 | Broadcast Media Department | (586) 226-4203 |
| Planning & Zoning Office | (586) 992-0710, ext. 4 | Fire Department Headquarters | (586) 677-1262 |
| Treasurer's Office | (586) 992-0710, ext. 5 | Water & Sewer Department | (586) 598-0687 |
| Clerk's Office | (586) 992-0710, ext. 6 | Water & Sewer (Emergency) | (586) 598-1790 |

FREQUENTLY REQUESTED PHONE NUMBERS

| A.Y.S.O. Soccer | www.ayso8c459.org |
|--|-------------------|
| Boys & Girls Club - Shelby Township | (586) 566-5516 |
| Chesterfield Township Parks & Recreation | (586) 949-0400 |
| Chippewa Valley School District | (586) 723-2000 |
| Clinton-Macomb Library North Branch | (586) 226-5080 |
| Clinton Township Parks & Recreation | (586) 286-9336 |
| Clinton-Macomb Girls Fastpitch League | (586) 610-3858 |
| | www.cmgsl.com |
| Girl Scouts Macomb County | (586) 263-0220 |
| L'Anse Creuse School District | (586) 783-6300 |
| Macomb County Road Commission | (586) 463-8671 |
| Macomb County Sheriff | (586) 469-5151 |

| mustangs.com |
|----------------|
| (586) 247-6407 |
| (586) 940-9829 |
| -888-714-6855 |
| (586) 992-2909 |
| (586) 463-4581 |
| (800) 44PARKS |
| (586) 749-5123 |
| (586) 752-6543 |
| (586) 731-0300 |
| (586) 781-4242 |
| (586) 992-8600 |
| (586) 797-1000 |
| (586) 749-5997 |
| |